



Five Day Diary

Using the template provided, fill out an energy usage diary for every day this week. You should note down when you use a piece of equipment/appliance, or when you do something, that uses energy, as well as how long you use/do it for.

An example is shown below:

Monday

7.50- 7.55- Power shower (10 minutes)
8.00- 8.30- Radio and television on (30 minutes)
8.15- 8.25- Use the toaster and kettle (10 minutes)
8.30- 8.40- Drive to school in our car (10 minutes)

Monday

Tuesday



Five Day Diary

Wednesday

Thursday

Friday