



*Developing learning,  
confidence and self esteem  
through exploration of the  
natural environment*



THE ROYAL BOROUGH OF  
KENSINGTON  
AND CHELSEA

# About Forest School

Forest School encourages the development of the children's emotional and physical development through outdoor play, activities and exploration in a woodland classroom.

Having time regularly in a wood is a wonderful chance for children to connect with nature. All the activities take into account learning styles and schemas. The programme helps to build self esteem, communication skills, independence and self confidence.

Forest School meets Every Child Matters outcomes and is an excellent way to support the National Curriculum and consolidate learning in the classroom.



## Sessions at Holland Park

We can cater for preschool to secondary groups and accommodate two groups of up to 20 children concurrently. Our courses are weekly sessions of two hours for six weeks.

These are led by an experienced environmental educator and have clear curriculum linked objectives. In each session the group will participate in a variety of activities with time for free play and exploration.

The Forest School site is a secure fenced area of mature woodland with access to a pond and grasslands. All activities and the site are risk assessed.

Our staff are level 3 Forest School leaders and trained in first aid.



# Forest School activities

Forest School encompasses a range of outdoor activities from within the following categories:

- Field study activities
- Sensory games
- Bushcraft
- Woodland arts and crafts
- Team building
- Wildlife conservation
- Imaginative activities
- Physical play
- Construction
- Natural exploration

The content of the programme will be devised according to the group's age, ability and needs.

Tool use can be incorporated into the Forest School programme. When appropriate, groups will be taught to use a variety of tools under close adult supervision.

All activities are risk assessed and can be tailored to meet teachers' requirements.

***'Forest School is an inspirational process that offers children regular opportunities to achieve, and to develop confidence and self esteem through hands-on learning experiences in a local woodland environment.'***

**Forest School England Network**



## Charges 2012-13:

### Forest School

Taster session

**£65**

Six weekly two hour sessions

**£250**

Maximum group size 20 children

Other lengths of courses and sessions are available, please enquire for more details.

### Booking:

Please contact us by phone or email to discuss your requirements and make a booking. After booking, a confirmation pack containing information about your Forest School sessions and risk assessments will be sent to you. A pre-visit can also be arranged and is strongly advised.

Our programme may also be run at other sites across the borough.

### Other services:

Holland Park Ecology Centre offers a full programme of environmental education sessions for pre-school to secondary school groups. The centre is also available for hire.

### Contact details:

For more information, please contact:

Holland Park Ecology Centre, The Stable Yard

Holland Park, Ilchester Place, London W8 6LU

E: [ecology.centre@rbkc.gov.uk](mailto:ecology.centre@rbkc.gov.uk) | T: 020 7938 8186

[www.rbkc.gov.uk/ecology](http://www.rbkc.gov.uk/ecology)



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