

<b>Holland Park Forest School</b>	<b>School:</b>	<b>Class:</b>	<b>Size:</b>
	<b>Leader:</b>	<b>Week: 1 of 6</b>	
	<b>Date</b>	<b>Time:</b>	
<b>Learning Objectives</b> Children should learn... <ul style="list-style-type: none"> <li>...the boundaries of the site</li> <li>...the rules of Forest School</li> <li>...the names of woodland trees</li> </ul>		<b>Learning Outcomes</b> All children will be able to recall one rule of Forest School Most children will be able to recall two rules of Forest School Some children will be able to recall all the rules and give reasons why ...	
<b>Previous knowledge expected from children</b> None		<b>Key words/concepts</b> <i>Ladybird flag, leaf spectrum, colours, autumn, horse chestnut, lime, plane</i>	
<b>Session Outline</b>			<b>Resources</b>
<b>Warm Up(10 minutes)</b> Welcome and introduce staff & Nature area. <ul style="list-style-type: none"> <li>Walk to the Forest School circle.</li> <li>Arrival at site. Sit in the circle and discuss Forest School</li> </ul>			<i>First Aid kit with whistle</i>
<b>Introduction (30 minutes)</b> <ul style="list-style-type: none"> <li>Set boundaries with the group- children to use boundary flags and mark out the site</li> </ul>			<i>Ladybird flags</i>
<b>Activity</b> <ul style="list-style-type: none"> <li>Play 123 where are you? Child hides with an adult in the woods when they hear "1 2 3 where are you?" The children hiding are encouraged to shout "1 2 3 here I am"</li> <li>Blow whistle and everybody has to return to the circle- play again</li> </ul>			<i>First Aid kit with whistle</i>
<b>Main Focus (40 minutes)</b> <b>Forest Leaves</b> <ul style="list-style-type: none"> <li>Ask the children to gather together as many different shapes and colours of leaves as they can from the area.</li> <li>Blow whistle to call the group back- sort leaves by colour, shape and name some of the leaves</li> <li>Demo how to make leaf crown</li> <li>Children to make their own crowns</li> </ul>			<i>Green rucksacks A3 white card sticky card strips</i>
<b>Free Play and Exploration</b> <ul style="list-style-type: none"> <li><i>Revise the rules of Forest School- Golden Rules. Allow the children time to explore and play in the area</i></li> </ul>			<i>First Aid kit with whistle</i>
<b>Plenary</b> <ul style="list-style-type: none"> <li>Pass around Forest School soft toy- ask the children to think of one word or sound to describe their session today</li> </ul>			Soft toy Word bank
<b>Walk back to the departure point (5-10 minutes)</b>			
<b>Key Health &amp; Safety Points</b> Lost children- use whistle to call them back to base, set out boundaries, assign adults to stand at taped areas, regular headcounts Nettles and other plants- visual and oral warnings			
<b>Wet weather options</b> Base camp tarpaulin and ensure all children are dressed appropriately			
<b>Session Evaluation</b> (Scoring: 10 excellent to 1 poor)			
<b>Outcomes met</b>		<b>Behaviour/engagement</b>	<b>Timing/Pace</b>
<b>Observations</b>			