

# Nature at home

Experience the magic of  
Forest School from home!

## How Tall is that Tree?

*An easy activity to find out how tall a tree is. Suitable for ages 4+*

### Kit List

- A small straight stick
- A friend
- A measuring tape if you have one

Look at a tree and hold your stick straight out in front of you. Move towards or away from the tree until your stick lines up from the base of the tree to the top. (Photo 1) Ask your friend to stand right next to the tree.

Step One

Turn your stick so that it is horizontal going from the base of the trunk out along the ground.

Step Two

Ask your friend to walk in the direction your stick is pointing. Tell them to stop when they reach the end of your stick. (Photo 2)

Step Three

If you have a tape measure, measure from your friend to the base of the tree and this is how tall your tree is! (Photo 3)

Step Four

If you don't have a tape measure, you could see how many footsteps it is or how many of your height it is.



City of Westminster



THE ROYAL BOROUGH OF  
KENSINGTON  
AND CHELSEA