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About your North Ken News

North Ken News is a dedicated newsletter for North Kensington communities produced by Kensington and Chelsea Council.

Have you got news for us?

We are always on the lookout for good news stories, whether they are about an event you are running, a local hero who is working wonders in your community or a programme or course that local residents could benefit from.

If you would like to get in touch with an idea or story, please email **northkennews@rbkc.gov.uk** and we'll get back to you as soon as we can.

Tell us what you think?

We're interested in hearing your feedback about North Ken News. We want to produce a newsletter which you enjoy reading and you find useful, so please let us know what you'd like to see more of. Email us at **northkennews@rbkc.gov.uk**

A trip down memory lane in the Museum of Brands

During May the Museum of Brands is marking Dementia Action Week (Monday 20 to Friday 26 May) by opening its doors especially for those living with dementia and the people who care for them.

The Museum, located at 111-117 Lancaster Road, W11 1QT, wants to encourage discussion and raise awareness of dementia while giving people with dementia a place to learn and reminisce about the familiar brands of years gone by.

On Monday 20 May from 5pm to 7.30pm, the Museum will host an evening for dementia carers to offer thanks to the carer community. Visitors will be able to access the Museum after hours to see the exhibitions, meet the team, learn about the Museum's wellbeing programme and enjoy refreshments. During the evening, visitors can visit the new memory trail which leads them through the Museum's Time Tunnel where they can rediscover their favourite childhood toys, games, sweets and other household names from decades past.

For more information and to book, visit **www.eventbrite.com** and search "Dementia Evening."

If you would like to see the gems of the Museum's Time Tunnel, just drop by from 10am to 6pm on Monday to Friday and from 11am to 5pm on

Staying in touch

There are other ways to keep up to date with borough-wide news as well as news and announcements from Kensington and Chelsea Council.



www.facebook.com/ royalborough

For updates on Grenfell

@Gren

@GrenfellUpdates () www.rbkc.gov.uk/grenfell

If you would like to opt out of receiving North Ken News or would prefer to read it online, please let us know at **northkennews@rbkc.gov.uk**



Sundays and Bank Holidays. For a full list of prices and for more information about The Museum of Brands, visit **www.museumofbrands.com**

Two-for-one tickets for North Ken News readers

During Dementia Action Week (Monday 20 to Friday 26 May) the Museum is offering 2-for-1 tickets for residents of North Kensington. Bring a friend and a copy of this newsletter to redeem the offer, pick up a free trail at the front desk and have a great day out.

Brand Memories, the two-year wellbeing programme offered by the Museum, will offer activities, education and volunteering opportunities for people living with dementia and their families/carers. The programme is supported by the Garfield Weston Foundation, Linbury Trust and City Bridge Trust.

Young people taking pride in where they live

If you think it's just the grown-ups of the borough who take an interest in how local spaces and services are run, think again. Ten-year-old Dennis is the Chair of Henry Dickens FutureHood, a residents' association for young people who live on the Henry Dickens Estate.

Dennis told us a bit about FutureHood and the work they do.

He said: "FutureHood is a junior residents' association of about 20 young people created by children on the Henry Dickens Estate. The children of FutureHood love to design, create and change unused spaces into lovely calm areas, having successfully completed many projects.

FutureHood were instrumental in transforming the room under Carton House (a tower block on the Estate) by knocking on all the doors in the Estate to get people on board. The room wasn't being used and had nothing but old, rusty, disused washing machines. Now, the room under Carton House is used for one-to-one art therapy sessions and for storage of art supplies and the hearts for the silent walks." The next project on FutureHood's radar is their local playground. They want to give the whole space a facelift. They've already made plans and models of how they want the playground to look. Look out for the team who are fundraising by selling cakes and bath bombs to make sure they can tick everything off their wish-list.

Henry Dickens Court will be celebrating May Day on Saturday 4 May with a table-top sale and all the games, prizes and attractions you'd expect. All are welcome to attend.

Find out more contact info@hdcc.london Henry Dickens Court Community Centre 104 St Anns Road, W11 4BU

Take part in North Ken health survey

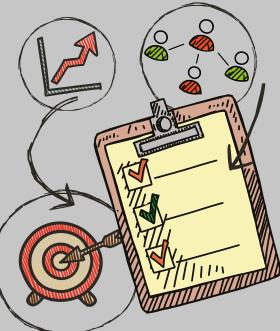
Look out for local volunteers who are carrying out the Annual Health and Wellbeing Survey in North Kensington. The survey has been taking place throughout April and will continue in May, through door knocking, in day centres and local hubs.

If you would like to take part in the survey and contribute to shaping services that support health and wellbeing, please call **020 8960 3722**, or contact community-research@vckc.org.uk

If you are interested in helping carry out the survey, we would love to hear from you.

020 8960 3722 community-research@vckc.org.uk





Council makes progress on Grenfell Recovery

In January 2019, the Council's Leadership Team approved the Grenfell Recovery Strategy to support long-term recovery for those affected by the Grenfell tragedy. Alongside the strategy, we committed £50m to supporting recovery over the next five years.

The Strategy includes:

- Plans for a Dedicated Service for the bereaved and survivors to meet their long-term needs.
- Plans to support the wider community, including ongoing support to those affected, a borough-wide community development programme and a grants programme for Notting Dale.
- A range of wider initiatives across the Council to support recovery.

We have been working closely with survivors and the bereaved to co-design the Dedicated Service. The service is now up and running, with health colleagues co-located with dedicated Council workers. Survivors and the bereaved are helping to shape the service, to recruit key staff and to establish a steering group so that they are at the heart of future decision-making about the service.



We are continuing to provide a wide range of support to those affected from the local community alongside NHS services. We have committed ongoing funding for community-based emotional support provided in schools and other community settings by local providers such as Latimer Community Arts Therapy, Together for Grenfell and Kids on the Green.

There is also some additional funding for key community priorities which hasn't yet been allocated. We will work with residents to decide how to spend this.

Our Community Engagement Team will be talking to residents about how to design a borough-wide community development programme. We are also speaking directly to residents affected by Grenfell about their priorities for a small grants programme. We are aiming to have these programmes in place by July 2019.

A range of wider initiatives is underway across the Council, taking forward the ideas that we heard as part of the 'Creating Stronger Communities' conversations, including your 'Top 10 Ideas'.

These are reflected in the new Council Plan.

To share your ideas X nkengagement@rbkc.gov.uk

Our Council Plan is here

We have just published our brand new Council Plan that sets out our plans and priorities as a Council for the next four years.

The plan follows our biggest conversation ever with residents about what matters most to them. We're grateful to everyone who took the time to tell us their priorities, ambitions, aspirations and concerns to help us shape this plan and we hope that you feel like your views have been captured. By listening to over 2,000 people from all over the borough, and taking on board the 800 ideas we received from North Kensington residents, we've been able to shape our five priorities:

- Grenfell recovery
- A great place to live work and learn
- Supporting and safeguarding vulnerable adults
- Heathy, clean and safe
- A place of culture to visit and explore

Our conversations so far have directly influenced Our Council Plan and we want these conversations to continue as we put it into practice. There's still plenty of ways to reach out to us: local Listening Forums, ward surgeries, Council meetings and online.



The next Listening Forum for North Kensington will be held at St Clement Church, Treadgold Street, W11 4BP on Wednesday 15 May from 6.30pm. For more information on Listening Forums, visit www.rbkc.gov.uk/listening-forum

If you have questions about the plan, please email: councilplan@rbkc.gov.uk

Fast track your way to a successful food business with Portobello Business Centre

If you've ever wanted to start your own café or restaurant, you probably already know what kind of food you want to serve and the vibe you want your customers to experience – but as we all know, that's just the tip of the iceberg in starting a culinary business. There's so much to get right if you want your establishment to be the next hot-spot in town, it's enough to put many people off from trying.

But if you're serious about launching a business that will not only bring great food to the masses but also earn you the recognition (and money) you deserve, Portobello Business Centre is on hand to help.

Their two-day food business course will run from 10am to 5pm on Thursday 9 May and Monday 13 May at Training Room No13, Canalside House, 383 Ladbroke Grove, W10 5AA. It will give you all the tools and experience you need to get ahead in this fast-paced industry. Over the two full days of training, you'll learn it all from the experts who have done it themselves.

James Breslaw from Ned's Noodles will launch the course with an overview of the market and an introduction on what it will take to succeed. Then, Portobello Road's Market Manager Nick Kasic and outdoor street vending expert Sam Westgate from Streetdots will walk attendees through the routes you can take to get your product to market, be it pop-up stalls, markets, catering events or in a restaurant or café.

An expert on legal requirements from the Council will be on hand to make sure that you avoid any potential issues further down the line as well as a chartered certified accountant who can make sure you're handling your money correctly. The course will also cover key areas that you should be considering such as marketing and brand, crowdfunding, storage and purchasing, menu strategy, market research, licensing and more.

The course usually costs £225 but is available for £168.75 for residents of Kensington and Chelsea. Spaces are limited and are being snapped up fast. Visit the Portobello Business Centre website to find out more and book your space.

www.pbc.co.uk/events/FoodBusinessCourse

HM Government

Nextdoor

Connect with HM Government for Grenfell Community Updates on Nextdoor

Keep up-to-date and in touch with teams in the Government running the Additional Environmental Checks programme.

Nextdoor is the free and private social network for neighbourhoods where members:

- Find local help and advice
- Get crime and safety alerts
- Discuss community issues
- And more...

Join at **nextdoor.co.uk** or download the Nextdoor app on iOS or Android.



Apprenticeship scheme gives local girl a rung on the ladder

A Lancaster West Estate apprenticeship scheme is making all the right connections for a young girl who was struggling to get on the employment ladder.

Farah Serroukh says she is proud to be challenging the stereotype of the plumbing trade, after getting work as an apprentice with the local housing team for Kensington and Chelsea Council.

> As a Muslim woman, she says she found it incredibly difficult to get work at all, let alone something in a trade that is often seen as a "job for the boys". By chance, at a public meeting, she approached the Council to ask if there was

anything that could be done to help her progress into her chosen career.

The Council had a number of apprenticeship opportunities and she was placed with the Lancaster West Team a few months ago. She's now well on the way to becoming a fully trained tradesperson. She said: "When you think of a plumber – it is easy for an old fashioned image to emerge, maybe a white man in overalls fixing a pipe. It is often a job for the boys.

"I wanted to find work, but also challenge that old-fashioned stereotype.

"It was by chance that I got the opportunity, but it just shows that if you are persistent and committed you can create opportunities for yourself. I work hard and I want to learn, and I believe if you try hard enough you can be successful.

"The Lancaster West team are fantastic, they made me feel so welcome – especially during my interview when I was incredibly nervous. It is a real privilege to work in the community and I hope I can make the Estate a better place to live."

Farah attended City Hall in March for an International Women's Day event hosted by the Mayor of London.

"It was brilliant," she said. "I couldn't wait to tell my friends and family about the event and the people I shared the room with, I found it hugely inspiring."

To find out more about vacancies on the Lancaster West Estate, email:

🔀 khadra.Ibrahim@rbkc.gov.uk

Legal support for residents

North Kensington Law Centre is a charity that provides free or low-cost legal representation to the community of North Kensington. They opened their doors in a butcher's shop on Golborne Road in the 1970s to give not-for-profit support to local residents who needed it most.

Now, North Kensington Law Centre is based in the Lancaster West Estate at Baseline Studios (Unit 13), Whitchurch Road, W11 4AT.

They offer advice and representation in criminal defence, employment law, housing, immigration law and welfare benefits. The law centre also helps those affected by the Grenfell Tower tragedy.

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To contact the North Kensington Law Centre 200 8969 7473 info@nklc.co.uk or visit the Centre Monday to Friday, 10am to 4pm

Community spotlight

"Jean Claude goes above and beyond every single day and it's always a pleasure to see him." Local resident

Bringing life to the park

There's no doubt that our borough is home to some exceptional green spaces, from pretty enclosed gardens to wild open woodland - but who are the people working behind the scenes to keep our parks clean, safe and beautiful?

Jean Claude takes care of Kensington Memorial Park (St Mark's Park) in Dalgarno ward, and has done so for 13 years. Day in, day out, Jean Claude opens the park and nurtures the flowers and plants that locals enjoy. Born in Cameroon, Central Africa, Jean Claude grew up working alongside his father growing delicious food on their farm, so planting, growing and sustaining plants, flowers and vegetables comes naturally to him. In Kensington Memorial Park, his creativity is able to flow as he curates and beautifies different spaces in the park.

After leaving university in France, Jean Claude came to west London where he attended Capel Manor, a college that specialises plants, animals, flowers, trees and the environment.

When asked about his thoughts on North Kensington, Jean Claude said: "In England, there's not as much space for growing and gardening as I was used to. People have to work harder to bring the green side of life into their lives. We all need it to support us and keep us alive, that's why I love working in the park among all the green." Jean Claude recollects his time in education and his trainer telling him that everything that they do is an art and it has to bring people joy. In his work at Kensington Memorial Park, Jean Claude has certainly been bringing joy to those who live nearby and all the people who use the park for leisure, relaxation and sport by being a familiar and friendly face, not to mention his dedication to his job. On one occasion, park regulars organised a surprise birthday party for Jean Claude with a cake and a card from all of them.

"I feel appreciated and welcomed by the local people. Even though I see some people all the time, I know their dog's names but not theirs! But I know that they are like family. The children are so grown up now and

I'm seeing new children grow, learn and enjoy the park and local area."

We want unsung heroes across North Kensington to be recognised for the hard work they do and the smiles they put on the faces of local people. If someone springs to mind, get in touch with the North Ken News team – we'd love to hear from you.

What's on at The Curve?

The Curve Community Centre hosts courses, events and programmes as well as continuing to offer support to those who need it. It's located at 10 Bard Road, W10 6TP and is open Monday to Friday, 10am to 8pm and Saturday and Sunday, 11am to 6pm.

Throughout May, The Curve has a range of events for you and your family to get involved with. Here are just some of the highlights. For the full daily programme of events at The Curve, visit **www.rbkc.gov.uk/curve-events**. If you'd like more information on any of the events listed here or have any other queries, contact The Curve on **020 7221 9836** or email **thecurve@rbkc.gov.uk**

Thursday 2 May

1pm to 3pm

Reduce stress and improve wellbeing with a free six-week yoga course starting this month at The Curve. Spaces are limited and advance booking is required. Secure a place by emailing The Curve or calling **020 7221 9836.** Equipment provided.

Friday 3 May

from 10.30am

Celebrate the opening of The Curve's brand new Opportunities and Learning Hub. The new zone has 10 computer stations, an interactive board as well as a flexible meeting space for up to 30 people. Residents can book to use the IT facilities or use the Hub as a meeting space. Come and check it out!

Every Monday

10am to 10.45am

Get fit and have fun at women's only legs, bums and tums class.

Every Tuesday

from 10am to 3pm

Fouzia's sewing group, open to all who want to learn about or practice sewing.

Pictured (*right*): Amina dropped in to the sewing group with few expectations but quickly found her own style and gained new skills.

She said: "I like the sewing group because it's cheerful, we get to socialise and learn new skills. I never sewed before or used a sewing machine and now look what I have done. I'm so proud."

Every Saturday

11am to 2pm

Manhood Academy for boys aged eight to 12 of African Diasporan descent, working to shape positive masculinity.



thecurve@rbkc.gov.uk

Contact The Curve

020 7221 9836

A helping hand in staying healthy

If you're looking to achieve a healthier lifestyle through eating healthier, moving more, going smoke-free or simply through making healthier life choices, look no further than the borough's free ONE YOU Kensington and Chelsea service.

The service supports residents by providing initiatives such as weight management support, physical activity opportunities, healthy living workshops and MANvFAT Football Leagues, which aims to get more men active through football. It will also offer greater accessibility of care, a suite of training for local health and community professionals and an online health and information platform for residents.

The service is available to both self-referrals and referrals from health professionals.

If you would like to book an appointment to visit the service, please contact us details below or speak to your GP.