

Nature at home

Experience the magic of Forest School from home!



Shadow Drawings

Draw some beautiful things from nature or the outline of your toys with the help of the sun! This activity can be done outdoors or a sunny spot indoors.

Step One

Make sure it is a sunny day so there are shadows and head to an outdoor space, or a sunny spot indoors.

Step Two

Put the paper on the ground (you may want to hold it in place with stones). Make sure the paper is beside a plant or your toys so that the shadow falls on the paper.

Step Three

Enjoy carefully drawing around the outline and admire your beautiful art.

Step Four

You can now colour it in or turn it into a collage using natural materials.



Kit List

- Paper
- Pencil
- Sunshine
- Optional: plants or toys, colouring pens/pencils



You can also try this indoors with a lamp shining on the object you'd like to draw.

