

# Nature at home

Experience the magic of  
Forest School from home!

## Walk the Log

*Use one of the oldest knots to create your own pet log to take for a walk!*

*This activity can be done indoors or outdoors.*

### Step One

Take hold of one end of the rope, we will call this end the 'tail'. The rest of the rope that you are not moving is called the 'leg'.

### Step Two

Wrap the rope 'tail' around the log and then around the back of the 'leg'.

### Step Three

Keep your loop loose so you can tuck the tail of the rope into the middle of the loop you have just created. Wrap the tail around the rope next to the log three times and then pull tight. This knot is called a Timber Hitch.

### Step Four

You will now have a tight grip on your log dog and can pull it around for a walk!

### Kit List

- Log: Ideally a small log, if you cannot find a log, then you could use part of a branch, a food tin or make a tiny version with a twig.
- Rope: Ideally a length of rope. Alternatives could be dressing gown belt or string if you are using a twig.

