

# Nature at home

Experience the magic of Forest School from home!



## Woodland Mobile

When out for your daily exercise, collect woodland treasures. At home thread these together and hang from a stick to make a mobile.

### Step One

If you are able, go for a walk with an adult in your local park. If that is not possible, then walk along the streets around your home. Take a bag with you to collect your treasures in.

### Step Two

Go Collecting! First, collect a stick that is as long as from your elbow to the tips of your fingers. Now hunt for natural treasures such as pretty leaves, lichen covered sticks, pinecones, seed pods, feathers, fallen fruits or flowers.

### Step Three

Back home, lay out all your treasures. Cut a piece of string or wool that is about as long as your stick. Tie one end to one of your treasures and the other end on your stick. Repeat this with each item, spreading them out along the stick.

### Step Four

Tie a final length of string or wool to the middle of the stick so that you can hang it up. Lie on the floor underneath it and watch it move. Can you remember where you found each treasure?



## Kit List

- String or wool
- Scissors
- Collecting bag



You may need an adult to help you with the knots. (Or can you learn to tie a knot on your own?)

