

# Nature at home

Experience the magic of Forest School from home!



## Wormery in a Bottle

Make your own mini wormery to keep for a week. Either in your garden or on your daily walk you will need to collect a few worms. At home you will make a wormery to observe the worm's activities.

### Step One

Ask an adult to cut the top 10cm off the bottle, and keep both parts. Fill the bottle with alternating layers of sand, soil, sand and compost or just soil. Spray or flick water on each layer to make it damp.

### Step Two

Wrap paper around the bottle to make it dark inside for the worms, as worms don't like the light! Use a piece of sticky tape to hold the paper in place.

### Step Three

Go outside in your garden or park and collect some worms! Worms will be in damp places, like under stones or wood. Put your worms in the bottle and add some worm food. Now wash your hands!

### Step Four

Put the top of the bottle back on. When you want to check on the worms carefully remove the paper and see how the worms are doing! Have they moved or eaten the food? Have the layers mixed?



## Kit List

- Big clear plastic bottle and scissors
- Soil, compost and sand
- Paper and tape
- A few garden worms
- Water (in a spray bottle if possible)
- Worm food: vegetable peelings, shredded egg boxes, dead leaves or flowers



**Make sure you look after the worms; check they still have some food and that the soil is still damp.**

**Keep your worms for a week and then make sure you let them go in the place you found them.**

