

SEND IN! #29 issue

**KCW CAMHS newsletter covering all things SEND.
August 2025**



NOTICE BOARD:

The SEND team includes:

- **WCC clinicians:** Marissa Lee, Annie Waterfield, Sarah Bancheri and Natasha Stacey
- **K&C clinicians:** Suzanne Becker

We urge you to continue to watch this space for all that is happening for SEND in our borough.

Upcoming Events:



Kensington & Chelsea are running their regular reflective group on the experience of having a child with additional needs.

A 10 WEEK COURSE FOCUSING ON:

- The emotional impact on the parents of having a child with additional needs
- Sharing with others – your experiences and hearing others'
- Learning how others cope - or don't cope
- Understanding some of the feelings that you may only be half-aware of
- Understanding some of the psychological processes that may be affecting you
- Getting further insight into your role in your child's life
- 10 one and a half hour sessions, needs commitment to all 10 apts.
- Starting Thursday 25th September
- Parents or K&C clinicians to email cnw-tr.kccamhs.cnl@nhs.net if they wish to be added.

Westminster are running an Emotionally Supportive Parent Group (ESP)

A 6 WEEK COURSE FOCUSING ON:

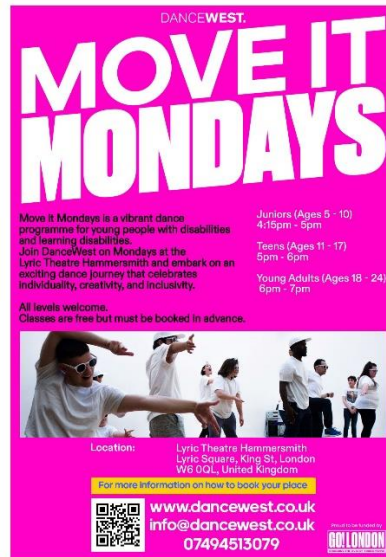
- Emotionally supporting parent's mental health, especially parents of children struggling with anxiety, low mood, behaviour issues, strong emotions or coping with change or loss.
- Aim of the group is to support the child's emotional development and to improve relationships
- It is emotion focused with a brief introduction to non-violent resistance approaches.
- Starting September – date to be confirmed.
- Parents or K&C clinicians to email westminstercamhs.cnl@nhs.net if they wish to be added.

Westminster are also running a Parent Behaviour Training Group

A 6 WEEK PROGRAMME FOCUSING ON:

- Understanding, managing and changing behaviour.
- Starting on Tuesday 9th September from 10am – 11am.
- Parents or K&C clinicians to email westminstercamhs.cnl@nhs.net if they wish to be added.

Move it Mondays!!



Dance west is offering a fantastic collection of inclusive dance activities for neurodivergent, disabled and learning-disabled children.
See pink flyer for more information!

DID YOU KNOW?



I'm Autistic – A new musical about autism starring an autistic cast, will be showcased at the renowned Edinburgh arts festival Fringe, for the first time. The musical which follows the lives of three autistic young people promises comedy heartfelt moments and music reminiscent of Dear Evan Hansen and waitress

Book tickets here:

<https://tickets.thespaceuk.com/event/911:3606/>

FEATURED RESOURCE:



Autistic friendly summer attractions 2025

- **BFI Relaxed Screenings:** <https://core-cms.bfi.org.uk/media/10322/download>
- **Odeon accessible screenings:** [Accessible Screenings UK](#) | [Inclusive Cinema Experiences](#)
- **Flute theatre** offers performances of Shakespeare for autistic participants to join the actors so that they can improve their facial expressions, eye contact, spatial awareness and social communication, as well as learn about the play: [Flute Theatre](#)

Waterplay Sessions for children with SEND



- Sundays 10:30a.m.-12:30p.m
- Email: parks@rbkc.gov.uk
- www.accesscard.online
- Siblings of children with access cards also welcome.

YOUR LOCAL OFFER:

For more information about resources and support in your area please look at your borough's local offer.

For Kensington and Chelsea:

<https://www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0>

For Westminster:

<https://fisd.westminster.gov.uk/kb5/westminster/fis/localoffer.page?localofferchannel=0>



Kind regards,

The SEND Team at Westminster and K&C CAMHS

(Marissa, Annie, Sarah, Natasha and Suzanne)