

SEND IN! #30 issue

**KCW CAMHS newsletter covering all things SEND.
November 2025**



NOTICE BOARD:

The SEND team includes:

- **WCC clinicians:** Marissa Lee, Annie Waterfield, Sarah Bancheri and Natasha Stacey
- **K&C clinicians:** Suzanne Becker

We urge you to continue to watch this space for all that is happening for SEND in our borough.

UPCOMING EVENTS



Kensington and Chelsea are running a Parent Behaviour Training Group (PBS)

A 6 WEEK PROGRAMME FOCUSING ON:

- Understanding, managing and changing behaviour.
- Parents or K&C clinicians to email westminstercamhs.cnwl@nhs.net if they wish to be added.

 Starts **Friday 9th January 2026** - more details to follow next month

 Online

 Contact: cnw-tr.kccamhs.cnwl@nhs.net

Westminster are running a Parent Behaviour Training Group

A 6 WEEK PROGRAMME FOCUSING ON:

- Understanding, managing and changing behaviour.
- Parents or Westminster clinicians to email westminstercamhs.cnwl@nhs.net if they wish to be added.

 Starts **Tuesday 18th November**, every Tuesday at 11:00am for 6 weeks

 Online

 Contact: westminstercamhs.cnwl@nhs.net

FEATURED RESOURCE:

What's on this Month?

Weekly Calm Clubs & Library Activities

Crafternoon Snack

 Drop-in creative session for ages 10–18. Quiet space, friendly staff, snacks, and crafts provided.

 Thursdays, 3:30–4:40pm

 Irving Street Library

 Contact: fis@westminster.gov.uk



Creative Arts & Culture

City Lions – Creative Drop-In

 For ages 13–16 with mild-to-moderate SEND needs. Explore creative industries through workshops, mentoring, and behind-the-scenes access to arts venues.

 Wednesdays, 4:00–5:30pm

 Paddington Arts Centre

 citylions@westminster.gov.uk

SEND Stay & Play

Sensory Play & Social Group

 Inclusive play session for children with SEND and their families. Includes sensory toys, music, and quiet zones.

 Mondays, 10:00–11:30am

 Bessborough Family Hub

 fis@westminster.gov.uk

Parent Carer Support

Make it Happen Drop-In

 Peer-led support for parents/carers of children with SEND. Advice, coffee, and connection.

 Tuesdays, 10:00–12:00pm

 Bessborough Family Hub

 Thursdays, 10:00–12:00pm

 Tresham Centre

 info@makeithappen.org.uk



Inclusive Sports

SEND Sports Club

 Multi-sport sessions adapted for children and young people with SEND.

 Saturdays, 11:00am–12:30pm

 Queen Mother Sports Centre

 info@sendconnect.co.uk



Library Quiet Hour

Neurodivergent-Friendly Storytime

 Calm, sensory-aware storytelling for children with SEND.

 Fridays, 10:30–11:15am

 Church Street Library

 fis@westminster.gov.uk

DID YOU KNOW?

Dawnosaurs: Relaxed Morning Visit



Dawnosaurs is a free event for neurodivergent children (including autism ADHD, Tourette's, OCD and other sensory processing difficulties) at the Natural History Museum. Enjoy the Museum, free from the hustle and bustle of the general public. Visitors have access to a wide range of galleries and activities, supported by and led by experienced, neurodivergent-aware facilitators.

This event is best for children aged five to 15, and siblings are welcome.



 Upcoming 2025 event dates

Saturday 6 December

 <https://www.nhm.ac.uk/events/dawnosaurs.html>

YOUR LOCAL OFFER

For more information about resources and support in your area please look at your borough's local offer.

For Kensington and Chelsea:

<https://www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0>

For Westminster:

<https://fisd.westminster.gov.uk/kb5/westminster/fis/localoffer.page?localofferchannel=0>



Kind regards,

The SEND Team at Westminster and K&C CAMHS

(Marissa, Annie, Sarah, Natasha, Suzanne)