

Year 6 to Year 7 Transition Resources 2025

Information for Professionals



Mentoring

Chance UK

Our Westminster Mentoring Programme supports Children and Young People to develop their self-confidence and build resilience through engaging in one, or a combination of Chance UK's interactive workshops, one-to-one and or group mentoring projects.

One-to-One mentoring (STEP) - programme is designed to give children and young people intensive support over a six-month period. Children who are identified in the referral as needing support with transition will become part of the STEP program that is designed specifically for preparing and empowering children as they move onto secondary school.

Year 6 Transition Workshops - help prepare children who will be transitioning to secondary school in the next academic year. The aim of the workshop is to encourage children to think about the transition, their feelings around the change and to create a toolkit full of useful ways they can prepare for the next chapter of their lives.

12-week Group mentoring - sessions where children attend a structured programme designed to build their confidence and relationships with their peers, this is for children aged 5-13.

More information

<https://www.chanceuk.com/>

For enquiries please contact:
admin@chanceuk.com
020 7281 5858



Mentoring

Unfold

We provide mentoring programmes for children and young people aged 10-25, to empower them to achieve their goals with the support of a mentor. We're powered by trained and supervised volunteers who provide one to one support for 1-2 hours a week for 12-24 sessions to enable participants to *set goals, boost their confidence and reduce isolation*. The sessions can take place either online or in-person, depending on young person's preference. Our mentoring programme is based in positive psychology, supporting good mental health and wellbeing.

Young people determine the focus of their mentoring, and support might include developing healthy family and social relationships, enhancing wellness, access to education and career development and building important life skills. By the end of the programme, 100% of our participants describe themselves as feeling confident often or all the time, compared to only 54% at the start. 89% of the young people we work with say that having a mentor has improved their life.

We're open to everyone but target those facing the most challenges, with referrals from statutory services and specialised programmes for children excluded from mainstream school, refugees, and people with experience in the care system.

With a strong signposting and referral function, by the end of the programme we aim to connect young people to one more group or service that will meet their needs and enable them to achieve their ambitions.

More information

www.unfold.org.uk

For enquiries please email:
mentoring@unfold.org.uk

Referral form:
<https://www.unfold.org.uk/get-involved/refer-someone-for-mentoring/>

Targeted Transition Resources

Mentoring

Avenues Youth Hub

Transition Programme – A transition evening and programme will be available for Year 6 students, dates to be confirmed. Please contact Avenues for further information.

The Zone Girls Group - Starting Monday, June 12th, our afterschool club will offer a six-week transition program for Year 6 girls. Held on Mondays, this program will focus on friendships, resilience, managing change, puberty and hygiene, values, and self-esteem.

Girls Hub - On Tuesday, July 9th, from 7:00-8:30 pm, we will host an open evening specifically for Year 6 girls to experience the Girls' Hub and join as members for the new term starting in September 2024. The evening will feature fun activities, food, and the opportunity for newcomers to meet current members and ask questions about secondary school and the Girls' Hub.

The Zone & Secondary Zone – On Mondays from 4:00 to 6:00 pm, a MIND worker is available to meet with young people, offering support and guidance for any challenges they may be facing. On Thursdays, a fully qualified mentor is on hand to provide one-on-one support for young people, helping them navigate personal and academic issues and offering tailored advice and assistance.

Family Lives

Helping families navigate the transition from primary to secondary school, our Parent Champions are trained volunteer parents who offer guidance and encouragement to fellow parents. Our service includes regular coffee mornings, one-to-one family support, child safety advice, and a range of parenting workshops.

More information

www.avenues.org.uk
3-7 Third Avenue, W10 4RS
020 8969 9552

For enquiries please email:
hello@avenues.org.uk

For enquiries please email:
oliviad@familylives.org.uk
zainaba@familylives.org.uk

SEND and Transition Resources

Information on activities and services for children with SEND

Family Information Service

The SEND Local Offer website shares resources and information that may be useful to families and those working with children and young people who have Special Educational Needs and Disabilities.

Bi-borough Communication Hub

The Communication Hub is an online speech and language resource offering parental advice and professional training to advance children's speech development in the London boroughs of Westminster and Kensington and Chelsea.

Westminster IASS Service

Supporting CYP with SEND and their parents.

Make it Happen Parent Group

Supporting parents of CYP with SEND.

Manga Club Xpress

Autism Friendly Youth Club for 10+ year olds on Wednesdays during term time.

Caxton Youth Club

Offering a number of facilities and services, tailored to improving the lives of young people with disabilities.

More information

[SEND Local Offer | Westminster FIS](#)

[Autism Zone | Westminster FIS](#)

[Training – Transition for CYP with autism](#)

[Communications Hub](#)

[Westminster Information Advice Support Service](#)

For enquiries please email:
iass@westminster.gov.uk

[Westminster Parents Participation Group](#)

For enquiries please email:
info@wppg.org.uk

[Westbourne Park Family Centre - Manga Club Xpress](#)

For enquiries please email:
geoffbiggs@westbourneparkfamilycentre.org.uk
salome@westbourneparkfamilycentre.org.uk

[Caxton Youth Organisation](#)

For enquiries please email:
admin@caxtonyouth.org

Targeted Resources

Parenting Support

Westminster Parenting Team

The Westminster Early Help Parenting Team offers a range of programmes to suit a variety of interests and needs. Browse the programmes to find out more about the free courses available for Westminster parents and carers.

More information

Please click on the link to view the latest Programme:
[Upcoming Courses | Westminster City Council](#)

You can complete a referral form online:
[Parenting Referral Form](#)

For enquiries please email:
earlyhelpparentingteam@westminster.gov.uk

Online Resources

We also have additional resources for parents and professionals to support children when moving from Primary to Secondary school.

[Home learning pack for parents](#)

[Transition Toolkit - Good practice guide for teachers/professionals](#)

Universal Resources

Activities and services

Family Information Service

The Family Information Service is a free, impartial information service for parents and carers of children and young people aged up to 19 (up to 25 years for those with additional needs). There will be various activities and programmes running throughout the summer holidays offered by local organisations and charities.

Young Westminster Foundation

“Our City” is a one-stop shop for young people to be connected to activities and programmes taking place in the boroughs of Westminster and K&C.

Libraries

Westminster Libraries

The Reading Agency is delighted to announce the theme for the 2025 Summer Reading Challenge: Story Garden - Adventures in Nature and the Great Outdoors. This exciting new theme will inspire children to tap into a world of imagination through reading, exploring the magical connection between storytelling and nature.

The annual Summer Reading Challenge is delivered in partnership with public libraries across the UK, and it's free for children to take part. Throughout the summer, children joining 'Story Garden' can discover new books, participate in free activities at their local library, and explore the link between reading and the great outdoors, where nature and imagination come together.

This year's Summer Reading Challenge features artwork from award-winning illustrator Dapo Adeola, whose stunning illustrations will bring the Story Garden theme to life; creating an enchanting world where children can find magical creatures, plants and flowers to inspire their next reading adventure.

Creative Arts

DreamArts

DreamArts uses the arts to enable young people to realise their potential.

We work with young people in London aged 7-25 to empower and inspire them to form stronger connections with each other, their families and build a greater sense of community. Our projects uncover and nurture their talents, whether in performance, multi media, or all-important life skills such as leadership and communication, with many going on to a career in the arts thanks to our links with London's creative industries.

More information

[Westminster FIS](#)

[Our City | What's On for Young Londoners](#)

For enquiries please email:
ogrey@westminster.gov.uk

www.dreamarts.org.uk

For enquiries please email:
graham@dreamarts.org.uk

Sports

Active Westminster

The EDUTAIN & EDUTAIN+ holiday programme is commissioned by WCC and delivered by Sport Westminster C.I.C. who deliver sport, physical activity and art-based provision during Spring, Summer, Autumn & Winter.

Providing low-cost holiday provision for young people aged 8-13 years (EDUTAIN) & also those with a disability, aged 8-16 years (EDUTAIN+).

Youth Hubs

Avenues Youth Hub

Our mission is to give hope and opportunities to children and young people in West London, so they fulfil their potential and leave prepared and excited for adult life. The Avenues team of youth professionals provides a safe, caring, youth-led space in a disadvantaged inner-city area, where young people can learn, develop and build towards a brighter future.

St Andrew's Youth Hub

St Andrew's is a community-based youth club, a registered charity, established over 150 years ago, which enriches young lives by providing a sense of belonging, fun and informal education to over 500 members each year, where they develop self-confidence, respect for others and build their abilities to contribute to society as good citizens.

St. Andrew's also offers primary schools an opportunity to bring their Year 6 cohorts into the Club during the day. This would introduce them to the club's activities and summer programme, as well as offer a time to meet other young people who could be going to the same secondary school as them.

Fourth Feathers Youth Hub

Fourth Feathers Youth & Community Centre's main objectives are to provide opportunities for children and young people to develop in a positive way that suits them through informal education, sporting, cultural and recreational activities. Day and residential trips are organised so that the young people can engage in activities they would not normally experience.

More information

[Home - ActiveWestminster](#)

For enquiries please contact:
ryan.denys@sportwestminster.org
07891 386688

[Avenues Youth Hub](#)

3-7 Third Avenue, W10 4RS, 020 8969 9552
For enquiries please email:
hello@avenues.org.uk

[St Andrew's Youth Hub](#)

Alec Wizard House, 12 Old Pye Street,
SW1P 2DG, 020 7222 6481
For enquiries please email:
info@standrewsclub.com

[Fourth Feathers Youth Hub](#)

Rossmore Road, NW1 6NJ, 020 7723 9167
For enquiries please email:
andrew@feathers.charity

Primary Schools (schools refer internally)

BWWMind

The Central London Mental Health Support Team (MHST) offers Transition Group Interventions to all the Westminster Primary Schools we are working with. We have designed the transition work and adapted to the needs of the schools.

A one-off psycho-educational transition workshop for the whole of Year 6 (is delivered to each class separately). Those students who require further support are then identified through discussion with the teacher and offered a small group intervention (4-10 pupils) on transition, entitled Moving on Up. Moving on Up will consist of 1 individual assessment/risk assessment session, 4 group sessions, and one final individual session focussing on staying well.

A one-off parent transition group workshop, for those parents who have children in Year 6, to help support their children with their worries and the transition to secondary school is also provided.

If you have any question regarding participating schools, please contact Jas Viridi.

Mental Health Youth Workers co-located in Westminster Youth Clubs will be able to support with transition needs of young people based at; The Avenues, Amberley, Four Feathers, St Andrew's and Churchill Gardens Youth Clubs.

More information

www.bwwmind.org.uk

For enquiries please contact:

Jas Viridi

07917 495 248

jviridi@bwwmind.org.uk