

SEND IN! #35 issue

KCW CAMHS newsletter covering all things SEND.

April 2026



NOTICE BOARD:

The SEND team includes:

- **WCC clinicians:** Marissa Lee, Annie Waterfield, Sarah Bancheri and Natasha Stacey
- **K&C clinicians:** Suzanne Becker

We urge you to continue to watch this space for all that is happening for SEND in our borough.

UPCOMING EVENTS IN APRIL



Change4Life Kids Club at Holmfield House Family Hub

A programme of five weekly sessions for 5-11 year old's to attend together with their parent/carers, co-facilitated with local partners across Westminster and Kensington and Chelsea.

Taking a whole-family approach by providing children and their parents/carers with the skills, knowledge and resources to eat well, sleep well, keep active, increase their emotional well being and maintain a healthy weight.

Focusing on simple, enjoyable and achievable ways families can include physical activity and healthier eating into their everyday lives.

When: Wednesdays, 22 April – 20 May, 3.30pm–4.45pm

Where: Holmfield House Family Hub, 4–6 Golborne Road, London, W10 4PE

To register, complete an enquiry form or contact the team directly:

☎: 020 8960 0744

✉: Change4LifeClubs@family-action.org.uk

🔗: [Family Information Hub | Change4Life Kids Club @ Holmfield House Family Hub](#)

Please note: session details may change, so it is best to contact the service provider.

SupaJam Earls Court Open Day

AN AWARD-WINNING GROUP OF STATE-FUNDED POST-16 SPECIALIST MUSIC COLLEGES IS COMING TO EARLS COURT

With contemporary music at our core, we offer carefully tailored placements for young people aged 16–25 with an EHCP. RSL Creative Music Industry Diplomas at Level 1, 2 & 3

When: Thursday 23 April, 2.00pm–6.00pm

Where: 12 Warwick Road, London, SW5 9UE

Visitors will be able to:

- Meet staff and students and get a taste of life at SupaJam
- Tour the brand new SupaJam Earls Court College, including the multipurpose live room/venue
- Enjoy live music from SupaJam students and staff
- Speak to current students and staff about their experiences

To RSVP: [Open Evenings](#) | [SupaJam Education](#) | [Swanley, Canterbury and Brighton](#)

More information: [Specialist Music Colleges](#) | [SupaJam Education](#) | [Swanley, Canterbury, Brighton and Wandsworth](#)



ONGOING EVENTS

Club K&C – Sports for Individuals with SEN and Disabilities @ Kensington Leisure Centre

An award-winning weekly community sports club for disabled children, young people and adults aged 8 and over. This inclusive multi-sports session takes place every Saturday during term time at Kensington Leisure Centre.

Popular activities include football, boccia, basketball and cricket, with plenty of friendly competition and a welcoming atmosphere for new participants. Specialist taster sessions are also offered from time to time, including boxing, dance, golf and more.

Siblings are welcome to join in, and parents/carers are encouraged to stay, watch, or even take part.

When: Saturdays, 1.00pm–3.00pm (term time)

Where: Kensington Leisure Centre, Silchester Road, London, W10 6EX

Cost: Free

Age range: 8+ years

☎: 020 7928 4267

✉: dsc@disabilitysportscoach.org.uk

🔗: [Club Kensington & Chelsea | disabilitysportscoach.org.uk](#)

Come and Create Band for Autistic Young People Aged 15+

A music club at Wigmore Hall for autistic young people aged 15 and over.

What happens at Come and Create?

- Band members co-create new music, write, and sing songs, and explore different sound worlds with music leaders.
- Social time is important in Come and Create Band, so each session has time at the start, middle, and end to catch up with other band members.
- Most workshops finish with a sharing for family/carers and once a year we share a performance on Wigmore Hall's stage.
- Chance to work with guest artists and explore other art forms such as poetry and art.

When: Every other Saturday during term time, 10.30am–1.00pm

Where: Wigmore Hall, 36 Wigmore Street, London, W1U 2BP

Age range: 15+ years

☎: 020 7258 240

✉: learning@wigmore-hall.org.uk

🔗: [Low Stimulus Concerts for Young People | Wigmore Hall](#)

FEATURED RESOURCE:

Talk about Autism – Online Community Talk about Autism – Online Community

Talk about Autism is an online community for parents and carers of autistic children and young people, created by Ambitious about Autism.

It offers a safe online space to access tailored information about autism and practical support for your parenting journey. Members can explore articles, blogs and toolkits, join webinars led by speakers with lived and professional experience, keep up to date with the latest autism news, and discover opportunities to get involved in research, policy, campaigning and service development.



Further information:

When: The community is moderated by Ambitious about Autism staff during office hours, Monday to Friday, 9.00am–5.00pm.

Where: Online

Who it's for: Parents and carers of autistic children and young people

Organisation: Ambitious about Autism

Please note: this community is not a help or crisis service and is not moderated outside office hours, including evenings, weekends and bank holidays.

DID YOU KNOW?

April is World Autism Acceptance month!

Every autistic person is different, and their ambitions and goals are all different too. **For World Autism Acceptance Month 2026, [Ambitious about Autism](#) are shining a light on autistic young people's life ambitions.** From everyday life to school and work, autistic people deserve the chance to follow their goals and aspirations.

However, we know that life often places barriers on them. They exist to break down these barriers and work together with autistic young people to create a fairer and more inclusive world. Whether that is increasing autism understanding, working with employers or trying to make schools a better place for autistic pupils, we want to make sure autistic young people have the future they want.

**Sometimes it only takes very
small changes to make a
BIG difference
to autistic young
people's lives**



Take a look here at all the brilliant links and resources they offer for **Supporting young people at school, work and in everyday life.**

[World Autism Acceptance Month | Ambitious about Autism](#)

YOUR LOCAL OFFER

For more information about resources and support in your area please look at your borough's local offer.

For Kensington and Chelsea:

<https://www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0>

For Westminster:

<https://fisd.westminster.gov.uk/kb5/westminster/fis/localoffer.page?localofferchannel=0>



Kind regards,
The SEND Team at Westminster and K&C CAMHS
(Marissa, Annie, Sarah, Natasha, Suzanne)