

SEND IN!

#36 issue

**KCW CAMHS newsletter covering all things SEND.
May 2026**



NOTICE BOARD:

The SEND team includes:

- **WCC clinicians:** Marissa Lee, Sarah Bancheri, and Natasha Stacey
- **K&C clinicians:** Suzanne Becker

We urge you to continue to watch this space for all that is happening for SEND in our borough.

FEATURED RESOURCE

Local Opportunities (Ongoing / Half-term)

Our City - Free & Low-Cost Activities for CYP in Westminster

 Our City brings together free and low-cost activities across Westminster and Kensington & Chelsea, including:

- Youth clubs
- Sports sessions
- Creative and cultural activities
- Half-term programmes

Many activities are inclusive or adaptable for young people with SEND. Families may find this especially helpful when planning May half-term routines.

 Explore what's on locally: <https://ourcity.org.uk>



Calm, Low Demand Spaces

Libraries Across Westminster & Kensington and Chelsea

 Local libraries continue to offer low-arousal, predictable environments where CYP can spend time during half-term, including:

- Storytelling sessions
- Crafts and quiet activities
- Drop-in spaces for reading and regulation

These spaces may suit CYP who find structured activities overwhelming and benefit from flexible engagement. These can be particularly helpful for CYP who benefit from predictable, low arousal environments.

 **Check local sessions and timings:** <https://www.westminster.gov.uk/children-and-education/activities-and-support>



Story Time – Kensington Central Library (Ongoing)

 Regular, short Storytime sessions in a familiar library space. These can be helpful for younger CYP who benefit from predictable routines and low-demand social environments.

 **Check local sessions and timings:** <https://www.rbkc.gov.uk/events>



WHAT'S ON THIS MONTH?



Quiet & Sensory Friendly Museum Experiences

Relaxed Hours Late Opening – Imperial War Museum London

🌙 A sensory-friendly, quieter late opening designed for autistic children and young people, those with sensory processing differences, and their families. Reduced noise levels, quieter lighting, and access to quiet rooms and break-out spaces.



Thursday 28th May 2026, 4pm - 7pm



Imperial War Museum London, Lambeth



Bring your own food welcome



Wheelchair accessible



Free – advance booking recommended



Details & tickets: <https://www.iwm.org.uk/events/relaxed-hours-late-opening>

This can be a good option for CYP who enjoy museums but find busy daytime visits overwhelming.



SEND Friendly Early Explorer Morning – London Transport Museum



An exclusive out-of-hours opening during May half-term for families with children and young people with SEND. Many gallery sounds are turned off, visitor numbers are reduced, and a sensory space is available.



Wednesday 27th May 2026 (May Half-Term)



London Transport Museum, Covent Garden



Children and young people go free



Carers go free



Advance booking required



Info & booking: <https://www.ltmuseum.co.uk/visit/families/families-send>

Suitable for CYP who benefit from predictable routines, quieter environments and visual supports.

Helpful Tips for Families

- Many SEND events require advance booking and may ask about access needs – families are encouraged to share this when booking.
- Visual stories and pre-visit guides are often available (linked on event pages).
- Half-term events can fill quickly – early booking recommended where possible.
- Consider bringing familiar regulation supports (e.g., headphones, snacks, fidget items or comfort objects).
- Plan for flexible timings, including breaks or access to quieter spaces where possible.



YOUR LOCAL OFFER

For more information about resources and support in your area please look at your borough's local offer.

- **For Kensington and Chelsea:**

<https://www.rbkc.gov.uk/kb5/rbkc/fis/localoffer.page?localofferchannel=0>

- **For Westminster:**

<https://fisd.westminster.gov.uk/kb5/westminster/fis/localoffer.page?localofferchannel=0>



Kind regards,

The SEND Team at Westminster and K&C CAMHS

(Marissa, Sarah, Natasha and Suzanne)