

Early Help for families

Supporting positive change with families and connecting communities

What is Early Help?

Early Help is a way of getting extra support when your family needs it. We aim to help families when difficulties first begin so that we can support you with finding solutions quickly and preventing things getting worse.

We provide a practitioner that can meet with you on a regular basis and work directly with you and your family.

How would my family be supported?

If you live in the Kensington and Chelsea and have children aged 0-19yrs we can provide support tailored to your needs and what you identify as being your goals for change.

We will agree a plan with you and this could include:

- Parenting Techniques
- Wellbeing support
- Support to increase school attendance
- Support with a child behaviour concern
- Accessing local networks and activities
- Building your confidence
- Supporting school transition
- Identifying and supporting young carers

How to find out more

If you would like to make a referral you can download our referral form from www.rbkc.gov.uk/earlyhelp

Please email the form to earlyhelp@rbkc.gov.uk and someone will contact you regarding the help we could offer.

If you would like to talk to someone please call Early Help on **020 7598 4608**

Family
Services



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA