




EHCP Section A Talking Mats


Print these talking mats to use with the child or young person. It is recommended that they are printed A3 size to ensure they are big enough to use. You can use the blank mats to add their own ideas.

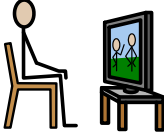
Favourite Activities




Playing with toys




Swimming




Watching TV



Computer Games



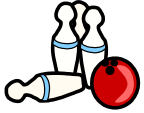
Drawing and painting




Colouring



Sports



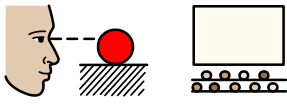
Bowling




Sensory room




Listening to music



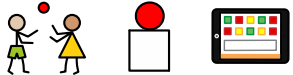
Watching films



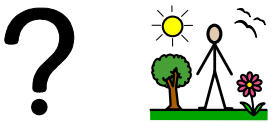
Cinema



Sensory toys



Playing on iPad



Being outside



Playground



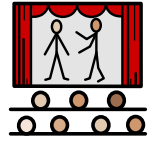
Board games



Cooking



Dancing



Acting



Playing instrument



Youth Club



Going to Tresham



Going to St Quintins



Gym



Make up and nails



Going to the theatre



Museums and galleries



Cafe



Restaurant



Shopping



Volunteering



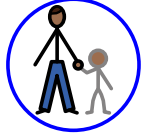


Favourite

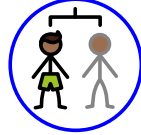
People



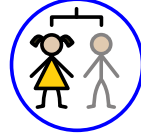
Mum



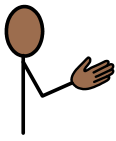
Dad



Brother



Sister



Carer

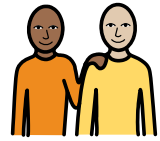


Play

worker



Teacher



Friend



Grandmother



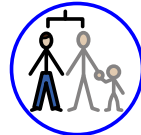
Grandfather



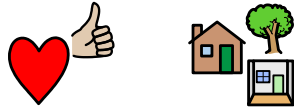
Cousin




Auntie




Uncle




Favourite Places




School




Tresham Centre



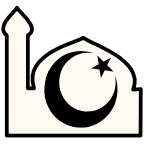
St Quintins Centre




Home




Youth Club



Mosque




Church



Temple



Synagogue



Gym




Playground





Bedroom



Park



Library





School



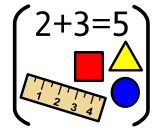
Writing



Seeing friends



Listening



Maths



English



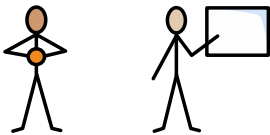
Reading



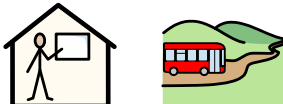
Art



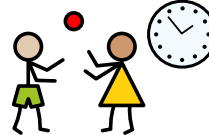
Drama



My teacher



School trips



Playtime



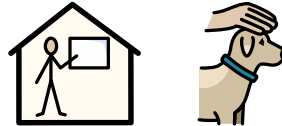
PE



School Council



Cooking



School Pet

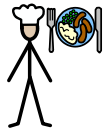


Music





Jobs



Chef



Gardener



Police



Fire fighter



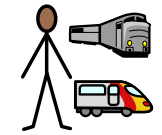
Shop assistant



Cafe



Bus driver



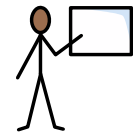
Train driver



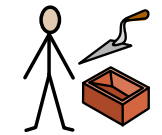
Cleaner



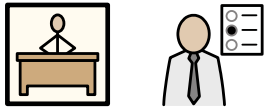
Childcare



Teacher



Builder



Office admin



Artist



Author



Filmmaker



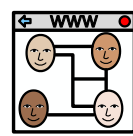
Waiter



Postal worker



Animal care



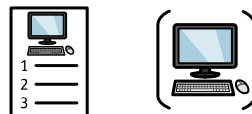
Social Media



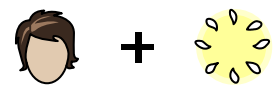
Supported Internship



Musician




Coding IT



Hair and beauty




Jobs



Warehouse operator



Receptionist




Caretaker




Sports and leisure



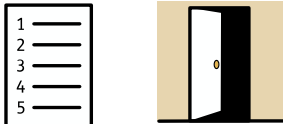
assistant




Recycling operator




Have own business



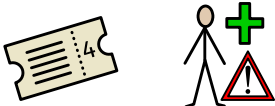
Data entry




Cafe



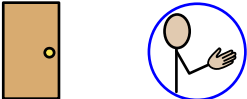
Librarian




Ticket officer




Laundry attendant




Door attendant



Security



Luggage porter



Hospital porter

Blank card

Blank card

Blank card

Blank card

Blank card



Feeling

Independent



Brushing teeth



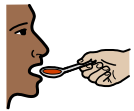
Getting dressed



Having a shower



Having a bath



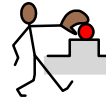
Feeding myself



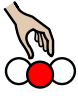
Travelling alone



Cooking a meal



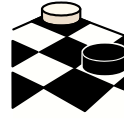
Getting a snack



Choosing activities



Pouring my drink



Playing games



Cleaning



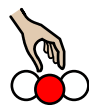
Spending money



Earning money



Food shopping



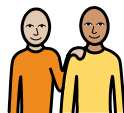
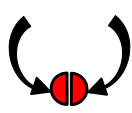
Choosing clothes



Exercising



Waking to alarm



Making friends



Tidying



Making my bed



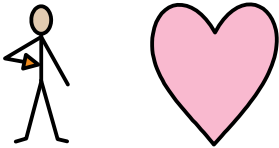
Doing laundry




Ordering my own food



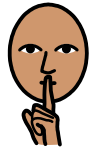
I want adults to know...



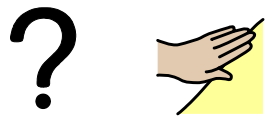
I like




I don't like



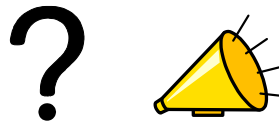
Quiet



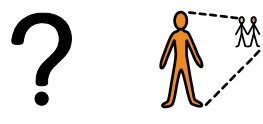
Being touched



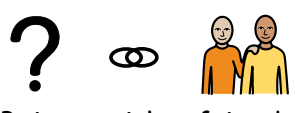
Sensory rooms



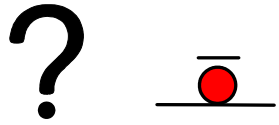
Being loud




Being on my own



Being with friends



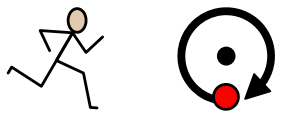
Being still




Shouting



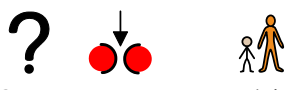
Exploring



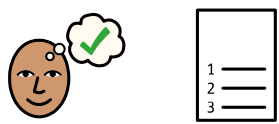
Running around




Fidget toys




Being near an adult



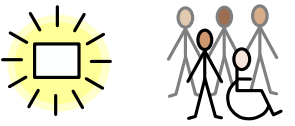
Knowing plans



Laughing



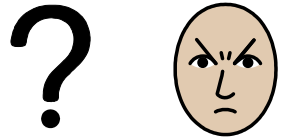
Trying new foods



New people



Crying



Being angry

Blank card

Blank card

Blank card

Blank card



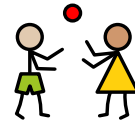
Best things about me



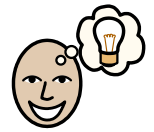
Kind



Helpful



Playful



Creative



Funny



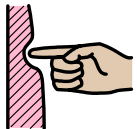
Clever



Caring



Loving



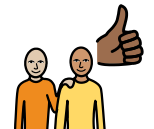
Gentle



Smiley



Helpful



Good friend



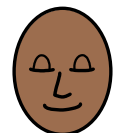
Fun



Enthusiastic



Good at...



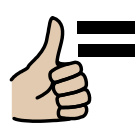
Calm



Healthy



Sporty



Honest



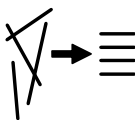
Good



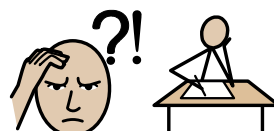
cook



Musical



Organised



Hard-working














 My family help me by...




 Playing with me






 Washing me



 Dressing me


 Keeping me calm



 Feeding me




 Cooking for me



 Giving me medicine




 Reading to me




 Asking what I



 want

 Telling me plans






 Travelling with me











 Helping me get



 around

 Giving me choices

 Making me happy

(Empty box)

(Empty box)