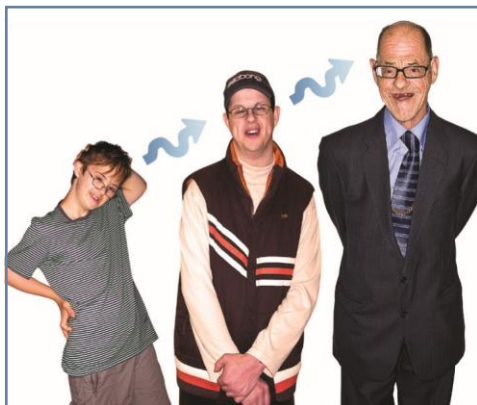




Moving on

A guide to becoming an adult for
young people with disabilities

www.rbkc.gov.uk



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

What is in this booklet?



What is transition?



Who is involved?



What happens?



**Important things to
remember**



Leaving school

Transition



Transition means change.

It starts around 14 and ends at 25.

As you change from being a teenager to an adult, many things in your life will change.



It is what happens when you start thinking about what you want to do when you leave school and what support you may need.

A good transition means that you will be as independent as possible when you are an adult.



This guide tells you what should happen, when and who can support you.

Who may be involved?



Someone who helps to look after your health



Your parents and family or carers who look after you



The most important person



Your school or other people who help you with your special educational needs



Your social worker, SEN keyworker and other people from children's services



Your social worker and other people from adult services

What happens?



Your views are really important when planning for your transition. Think about what is important to you.

Think of what you would like to do in the future.

You may meet new people to help you with where you want to live and with work you want to do.



Staying healthy



Your family



Where you live



Work



School



Staying safe and travel



College



Having fun



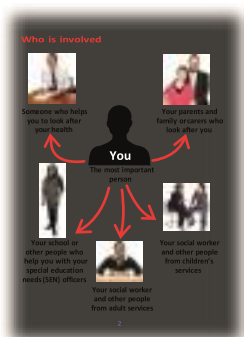
Your friends



What happens?



When you are 14 your school will arrange a transition review meeting. In this meeting we will talk about your education, health and care plan (EHCP).



We will talk about things that are important to you. Look again at page 3 for people who might be at this meeting.



Your school will send out letters to all the people who need to come.



You will talk about what you want to do when you leave school, and what support you think you will need to make that happen.

After this meeting you will be given a transition plan.

What happens?



The transition plan is about you and:

- the care and support you may need
- your plans and hopes for the future.



Every year you will have a review of your transition plan. If we need to, we can make changes to your plan.



You may be introduced to a social worker from adult social care or disability services, who can complete an assessment to find out if they will be the right service to support you after you turn 18.

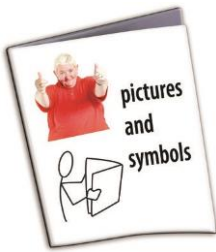


You, your family or carers and children's social worker can continue to have regular contact with adults' services.

Important things to remember



Remember, you are the most important person in your transition!



When planning for your transition, make sure you understand what is going on. Ask people to slow down and explain things to you.

Ask people to use signs or symbols that can help you understand.



It is okay to ask questions at the meeting and to make sure that people know what you want. You can ask about ways to find out more information. For example:

- useful phone numbers
- websites
- leaflets of local services



You can ask the people who work with you any questions or about problems to do with your transition. It is your meeting!

Leaving school



You will leave school sometime between the ages of 16 and 19.



There will be another review for your transition and you will have the opportunity to look into what you want to do, including work and learning opportunities.



Before you leave school, the people who work with you will talk to you about the support you need if you start another course or training.



Once you are settled into adult life, some of the people who helped you through your transition will change.

Leaving school



You may want to think about work and the help you need to find a job.



You must seek advice about any changes to the way you receive your benefits and find out if you are entitled to other benefits when you turn 16.



You and your family or your carers may choose to open a bank account for you at this time.



You may start using adult health care services.

18 years - becoming an adult

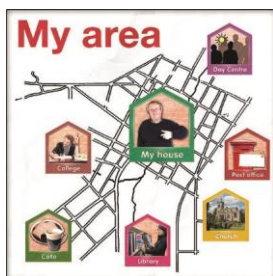


There will be changes to your health and social care once you turn 18.



Your health needs will be transferred from children's to adults' services. You should be offered an annual health check from your GP.

You may start to receive support from adult social care.



If not, there may be other services that will support you as an adult. For more information about services search for 'The Local Offer' on www.peoplefirstinfo.org.uk

Useful contacts



My named worker in children’s services:

.....



College

My school/college:

.....



GP Surgery

My doctor (GP):

.....



My named worker in adults’ services:

.....



My named worker in special educational needs:

.....



Other contacts:

.....

.....

.....

Useful contacts

Transition Team (Disability) 14-25yrs

1-9 St Marks Road
London W11 1RG
020 7313 6843

Special Education Needs (SEN) Services

*Coordinates Statements of
SEN and Education, Health
and Care Plans.*

Kensington Town Hall,
London W8 7NX
020 7361 3311
SEN@rbkc.gov.uk

Disabled Children's Team (DCT) - works with disabled children up to 18 years old.

020 7598 4925
fcschildrenwithdisabilities@
rbkc.gov.uk

Child and Adolescent Mental Health Services (CAMHS) - Psychology

*and psychiatry support and
assessments.*

Parkside Clinic
020 8383 6123
020 8483 1979

Children's Community Nurses CLCH NHS - works

*with children to 18 years old
with life-limiting conditions.*

020 7266 8840

Learning Disability (LD) Service - health and social

*care for adults aged 18 or
over with a diagnosed
global learning disability.*

020 7313 6843
asc.learningdisability@rbkc.
gov.uk

**Advice Information and
Assessment**

*RBKC's first port of call for
enquiries*

020 7361 3013

Email:

socialservicesline@rbkc.gov.
uk www.rbkc.gov.uk

**Central and North West
London Foundation Trust -**

*health care services for
adults with mental health
issues. 020 3214 5700*

Contacts in Kensington and Chelsea

Here is a list of some contacts in Kensington and Chelsea.
You can include some of your own contacts too.

Non-Statutory/ Voluntary Services

RBKC Mencap - Equal People - provides advocacy and support to people with learning disabilities of all ages and their carers living in the borough. 020 8964 0544
www.equalpeoplemencap.org.uk

The Advocacy Project - provides advocacy and support to people with learning disabilities of all ages living in the borough. 020 8962 8695
www.advocacyproject.org.uk

Carer advocacy aims to help parents/carers of disabled children living in RBKC
'Full of Life'
Tel: 020 8962 9917
Email: advocacy@fulloflifekc.com

Supported Employment: 'Balance'
Tel: 020 7937 1611
Email: Kelly.duffy@balance-cic.com

**Kensington and Chelsea
Citizens Advice Bureau:**

0844 826 9708 (advice)
020 8962 3485 (Reception)
0844 826 9708 Freephone

**Carers Kensington
& Chelsea**

*Carers Kensington &
Chelsea provides
information, advice and
support for unpaid carers,
working in partnership with
the borough and West
London Clinical
Commissioning Group.*

Telephone 020 7378 4961 or
Freephone (free from
landlines):
0800 032 1089

Tick below if you would like a copy of this leaflet in:

☐ Large print

☐ Braille

Name:

Address:

Postcode:

Telephone:

Please return this section to:

Customer Engagement Team

Adult Social Care, Floor 12
Westminster City Hall
64 Victoria Street, London SW1 6QP

Telephone

020 7361 2661

Email:

HSScustomercare@rbkc.gov.uk

How you can help us

We welcome feedback on how we might improve our services. If you would like to make a comment, compliment or complaint, please complete the pull-out form inside or contact:

Customer Engagement Team

Westminster City Hall,
64 Victoria Street,
London, SW1E 6QP

Telephone:
0800 587 0072

Email:
HSSCustomerCare@rbkc.gov.uk

For more information about our services and publications view them on **www.rbkc.gov.uk** or **www.peoplefirstinfo.org.uk** or contact:

T: 020 7361 3013

E: socialservices@rbkc.gov.uk



www.peoplefirstinfo.org.uk

for a wide range of information about local activities and services to help you stay independent.