

TRANSITIONS SERVICE

YOUNG PERSON'S TRANSITION PRACTITIONER ROLE

My name is Priyanka Kunwar, and I am the Senior Young Person's Transition Practitioner (**YPTP**). The YPTP role is based at **Royal Borough of Kensington and Chelsea** with support from **Central North West London Trust's Child and Adolescent Mental Health Service (CAMHS)**.

Who is Eligible for the Service?

- CYP (Children and young people) aged 14-21 years.
- CYP with mild or moderate mental health problems AND Autism and/or learning disabilities.
- CYP registered with a GP in RBKC.
- Current or previous referral/input with CAMHS, Kooth, MIND (Be Kind to Your Mind, Learnwell or Mental Health Support Teams) or Positive Behavioral Support Consultancy services, mental health youth Workers.

The CYP suitable for this project will **need additional support in transition** – the following are examples of additional support needs (not limited to these examples):

- 1) Uncertainty surrounding transition and appropriate pathways
- 2) Complexity around multiple service involvement
- 3) Complexity around additional medical needs
- 4) The need for additional signposting to other services
- 5) Already transitioned to adulthood but not currently accessing appropriate services

What the Transition Practitioner does:

- Works directly with the CYP and their family to develop **person-centred plans (PCPs)**. The person-centred transition plan will include a **one-page profile**, written from the child's and young person's viewpoint, which will detail **what is important to the CYP** followed by information about how they will be supported in accessing or achieving this.
- Considers what support the CYP has received previously and what support they will be receiving as an adult, and links this into the person-centred plan.

- Liaising with other professionals, such as SEN keyworkers, social workers, and psychologists (from both CAMHS and ALDT), in order to establish the need for a CYP to receive additional support in transition.

It is important to highlight that:

I will not be performing any assessments for the child and young person; I will simply be making a link between the support they are eligible for, how to access it and how it will help them to achieve the things that are important to them. The PCPs will be used to **signpost what support the CYP will be receiving, where/who the support is coming from, and when the CYP will start accessing it.** If necessary, I will signpost to any other possible services in the community. I am building links with community services to determine what is available.

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