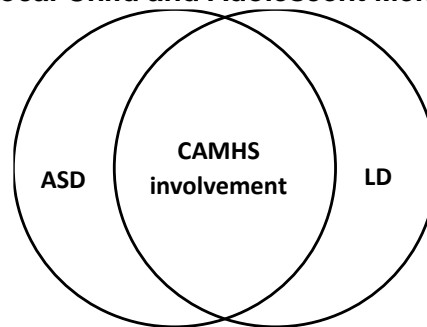


Young Person's Transition Practitioner

WHO DO I SUPPORT?

14-25 years old

ASD and/or a global learning disability and are currently/have previously been under the support of local Child and Adolescent Mental Health Services



(CAMHS).

MUST NEED ADDITIONAL SUPPORT IN TRANSITION

WHAT SUPPORT SERVICES ARE AVAILABLE?

Finding and accessing local activities for young people

Transitions from school, college, university and employment

Support in planning for future goals;
Creating a person-centred plan based on what is important to YOU and what opportunities are available

Further referrals to professionals

Accessing other mental health services

Talking to School/Universities support services

Personal development e.g., budgeting, independent living skills, confidence, etc.

WHAT IS THE END RESULT?

A **PERSON-CENTRED PLAN** written from the view of the young person. The plan will help young people identify *“What do people like and admire about me”, “What is important to me now?”, “What are my future hopes and dreams?”*.

It will also **signpost them** with links to guide them in the future *“Who will support me in my independence?” “Who can I talk to about my health?” “Where can I go for support in...”*

CONTACT

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