



# Where do we work?




# How do we work?



**GROUPS**



**JUST WITH YOU**

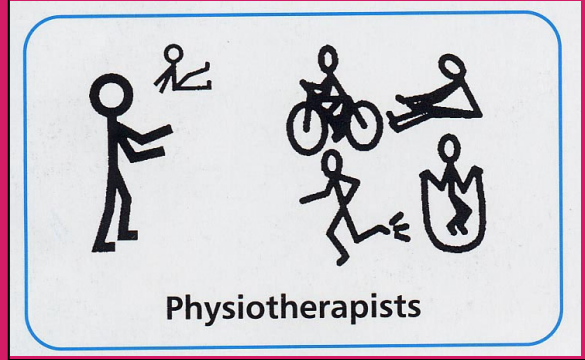


**TRAINING**



**WORKING WITH OTHERS**

With thanks to Change Picture Bank, Mayer Johnson Boardmaker and Makaton



# Physiotherapy

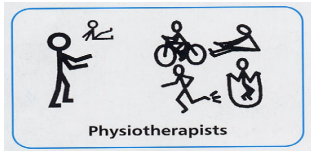


Community Adult Learning Disability Service  
1-9 St Mark's Road  
London W11 1RG



Kensington and Chelsea **NHS** Primary Care Trust

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA



Can help you with



Mobility



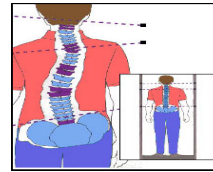
Balance



Orthopaedic shoes



Wheelchair



Postural care



Exercises in  
hydrotherapy pool



Plan your daily  
physical activity



Sport activities



Release pain without  
pills