

March 2012

Simple aids to daily living



Equipment to help in
your day-to-day life



If you have difficulties with day-to-day tasks such as bathing, getting dressed or preparing meals, a range of equipment, referred to as community equipment, is available. This can make things easier and help you to maintain your independence.

Items, known as 'simple aids to daily living', can make a real difference - a raised toilet seat to help with getting on and off the toilet, a bath board to help get in and out of the bath, a walking stick to assist with mobility, or a range of items to help in the kitchen.

How can I get equipment to help me?

You can buy it yourself

You can buy simple aids to daily living in high street shops. The Department of Health has introduced a national accreditation scheme. Retailers who have applied to be part of the scheme and meet national standards can display a kite mark. This means that they will be able to provide information about the equipment and demonstrate how it works. There are a number of local accredited retailers, listed on **page 6**.

You can get a prescription - and have the option to 'top it up'

Alternatively, you may contact Social Services and ask to be assessed to see if you are eligible for support from the Council. If you qualify for help, a professional such as an occupational therapist will work with you to find out which equipment meets your needs. They will then give you a prescription for the equipment to take to an accredited retailer of your choice. You redeem the prescription and get your equipment free of charge.

If you wish, you can pay extra (a 'top-up') towards a version of the equipment that is more to your taste. For example, you may choose a different model or a different colour, which is more in fitting with your home.

Can I receive all equipment this way?

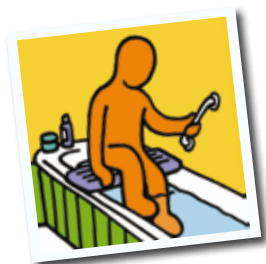
Prescriptions are only issued for simple aids to daily living. These are usually small items such as raised toilet seats which cost less than £100. Accredited retailers will supply a range of such items on your local high street.

Larger pieces of equipment, known as 'complex aids to daily living', are not available by prescription. These are things such as a battery powered mobile hoist to help you get in and out of bed. To get this equipment, you need to be assessed by a professional, who will then provide the items you need. This ensures that you have equipment that meets your needs, and you are able to use it safely.

Finding out more

If you would like to find out more about being assessed for community equipment to help you, call Social Servicesline on **020 7361 3013** or email **socialservices@rbkc.gov.uk**

You can also visit our website **www.rbkc.gov.uk/peoplefirst** for information about community equipment and other support available.



Accredited retailers local to Kensington and Chelsea

Definitions

Delivery – delivery of equipment to your home.

Fitting – attaching and securing items, for example, a raised toilet seat to a toilet pan.

Installation – fixing equipment to walls and floors, for example, a grab rail.

Accredited retailers:

1. **A. Moore & Co**, 25E Lowndes Street, London, SW1X 9JF

Tel: 020 7235 5887

Open: Mon to Fri 9am to 6pm, Sat 9am to 1.30pm

Delivery ✓ **within 0.5 miles** **Fit** ✗

2. **Astell Pharmacy**, 6 Elystan Street, Chelsea Green, London, SW3 3NS

Tel: 020 7584 5424

Open: Mon to Fri 9am to 6pm, Sat 9am to 1pm

Delivery ✓ **Fit** ✓



3. **Browns Chemist**, 195 Shirland Road, London, W9 2EU

Tel: 020 7286 0377

Open: Mon to Fri 9am to 7.30pm, Sat 9am to 7pm, Sun 10.30am to 1pm

Delivery ✓ **Fit** ✓

4. **D.R. Evans Pharmacy**, 15 Elgin Crescent, London, W11 2JA

Tel: 020 7727 6882

Open: Mon to Fri 9am to 6.30pm, Sat 9am to 6pm

Delivery ✓ **Fit** ✓

5. **Medicine Chest Chemist**, 413-415 King's Road, London, SW10 0LR

Tel: 020 7351 1142 **Tel/Fax:** 020 7352 2076

Open: Mon to Sat 9am to 6.30pm, Sun 10am to 2pm

Delivery ✓ **Fit** ✓

6. **My Pharmacy Ltd**, 10 North Pole Road, London, W10 6QL

Tel: 020 8969 1465

Open: Mon to Fri 9am to 7pm, Sat 9am to 6pm

Delivery ✓ **Fit** ✓

7. Nashi Pharmacy, 55 Westbourne Grove, London, W2 4UA

Tel: 020 7229 3559

Open: Mon to Wed and Fri 9am to 7pm, Thurs 9am to 6pm, Sat 9.30am to 6pm

Delivery ✓ **Fit** ✓

8. Portman's Pharmacy, 93-95 Tachbrook Street, London, SW1V 2QA

Tel: 020 7834 2816

Open: Mon to Fri 9am to 6.30pm, Sat 9am to 5.30pm

Delivery ✓ **Fit** ✓

9. Stratford Pharmacy, 4 Stratford Road, London, W8 6QD

Tel: 020 7937 6178

Open: Mon to Fri 9am to 6.30pm, Sat 9am to 5.30pm

Delivery ✓ **Fit** ✓



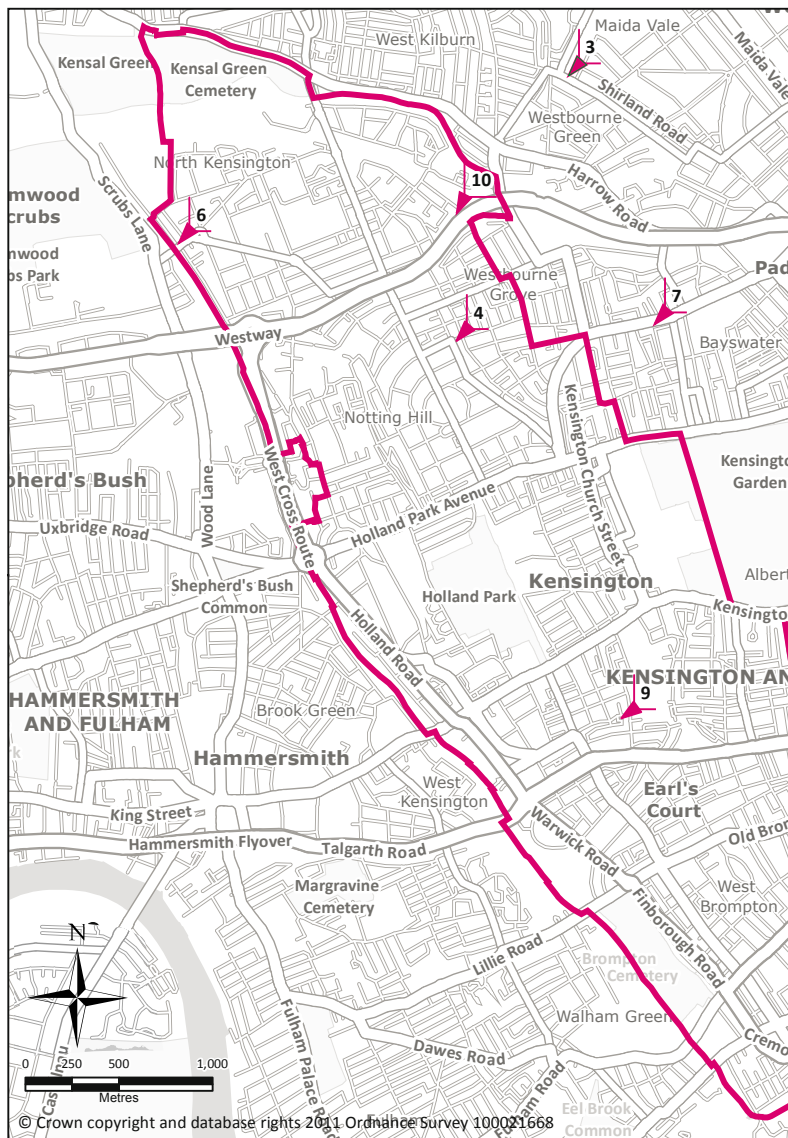
10. Westway Community Transport, 240 Acklam Road,
London, W10 5YG
Tel: 020 8960 8774
Open: Mon to Fri 9am to 5pm
Delivery ✓ **Fit** ✓

Mobile Units

A. Adaptations Mobile service (will drive to your house)
Tel: 01784 248999
Open: Mon to Fri 8am to 4pm
You must have at least one piece of equipment requiring
INSTALLATION in order to use this service
Delivery ✓ **Fit** ✓ **Installation** ✓

B. Redland Healthcare Ltd Mobile retail service
(will drive to your house)
Tel: 0118 956 0800
Open: Mon to Fri 8.30am to 5pm, Sat 9am to 1pm
Delivery ✓ **Fit** ✓ **Installation** ✓

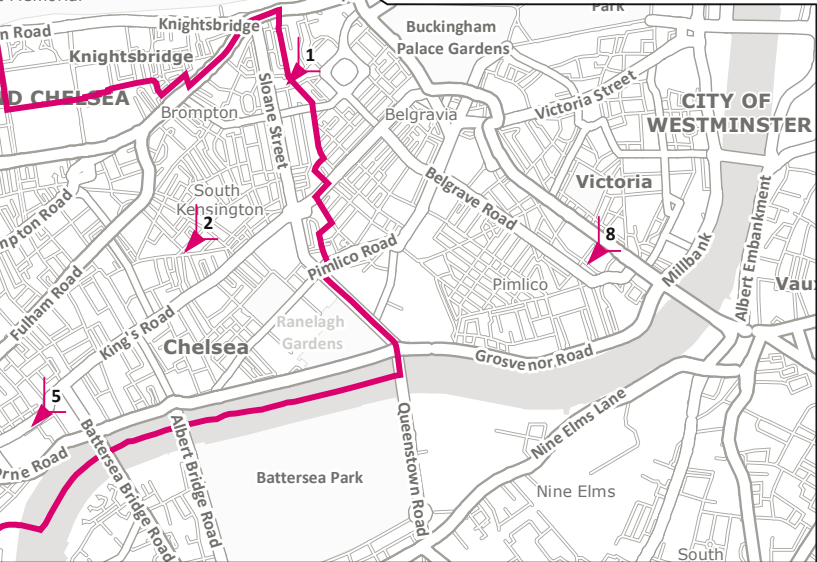
Retailer information correct at time of going to print.





Accredited Retailers

Ref	Retailer
1	A. Moore & Co
2	Astell Pharmacy
3	Browns Chemist
4	D.R. Evans Pharmacy
5	Medicine Chest Chemist
6	My Pharmacy Ltd
7	Nashi Pharmacy
8	Portman's Pharmacy
9	Stratford Pharmacy
10	Westway Community Transport
A	Adaptations
B	Redland Healthcare Ltd.



English

Information from this document can be made available in alternative formats and in different languages. If you require further assistance please use the contact details below.

Arabic

يمكن توفير المعلومات التي وردت في هذا المستند بصيغ بديلة ولغات أخرى. إذا كنت في حاجة إلى مزيد من المساعدة، الرجاء استخدام بيانات الاتصال الواردة أدناه.

Farsi

اطلاعات حاوی در این مدارک به صورتهای دیگر و به زبانهای مختلف در دسترس می باشد. در صورت نیاز به کمک بیشتر لطفاً از جزئیات تماس ذکر شده در ذیل استفاده کنید.

French

Les informations présentées dans ce document peuvent vous être fournies dans d'autres formats et d'autres langues. Si vous avez besoin d'une aide complémentaire, veuillez utiliser les coordonnées ci-dessous.

Portuguese

A informação presente neste documento pode ser disponibilizada em formatos alternativos e em línguas diferentes. Se desejar mais assistência, use por favor os contactos fornecidos abaixo.

Somali

Macluumaadka dokumentigan waxaa lagu heli karaa qaabab kale iyo luuqado kala duwan. Haddii aad u baahan tahay caawinaad intaas dhaafsiisan fadlan isticmaal xiriirka faahfaahinta hoose.

Spanish

La información en este documento puede facilitarse en formatos alternativos y en diferentes idiomas. Si necesita más ayuda por favor utilice la siguiente información de contacto.

Social Servicesline

Tel: 020 7361 3013

Email: socialservices@rbkc.gov.uk