

General information

Centre Opening Times

Monday-Friday	06.30-22.00
Saturday	08.00-20.00
Sunday	08.00-22.00

Main Pool Opening Times

Monday-Wednesday	06.30-22.00
Thursday	06.30-14.00, 15.00-18.00, 20.15-22.00
Friday	06.30-18.45, 21.15-22.00
Saturday	08.00-20.00
Sunday	08.00-19.30

Due to pool lane change overs the pool will be closed for 15 minutes at the following times:

Monday-Friday	09.00
Monday, Wednesday & Friday	09.00
Thursday	20.00
Friday	18.45
Saturday	08.45

Teaching Pool Opening Times

Monday	06.30-08.00 (Adults only), 08.00-09.30 12.00-14.00*, 15.00-16.00, 17.00-21.00*
Tuesday	06.30-09.30, 10.00-13.00*, 14.30-15.30* 17.00-18.00, 19.00-21.00*
Wednesday	06.30-09.30, 09.30-10.00*, 12.00-12.30 14.00-15.00, 15.00-16.00*, 18.30-21.00*
Thursday	06.30-09.30, 09.30-11.00*, 11.30-13.30* 17.00-18.00, 20.00-21.00*
Friday	06.30-08.00 (Adults only), 08.00-09.30 10.00-11.30*, 12.00-14.00, 14.30-15.00, 17.30-18.00*, 19.00-21.00
Saturday	08.00-15.00*, 15.00-18.00 (Private Hire) 18.00-20.00*
Sunday	08.00-15.00*, 15.00-18.00 (Private Hire) 18.00-20.00*

*section of pool only. Subject to change

Please note: For safety reasons there must be one adult in the water for every 2 children under 8, and those who are unable to swim. An adult is classed as over 18.

Gym Opening Times

Monday-Friday	06.30-22.00
Saturday	08.00-20.00
Sunday	08.00-22.00

Café Opening Times

Monday-Friday	09.30-20.00
Saturday-Sunday	10.00-18.00

Memberships

Ultimate

Only £48 a month for unlimited use of the gym, pool, and fitness classes 7 days a week at all Courtneys centres.

Swimming

Only £28 a month for unlimited swimming 7 days a week, during all public swimming sessions and at all Courtneys pools.

Courtneys Ultimate and Swimming memberships are available on the easy payment direct debit scheme or annual payment of 12 months for the price of 11 paid in full.

How to Join

To join the Ultimate or Swimming membership you need your bank details and your first month's payment (pro rata) in cash, cheque or credit card.

Corporate Membership

Do you work for a company that has 5 or more employees? You could benefit from corporate membership and reduce your monthly membership costs even further.

Sports Membership

This membership allows you to book over the phone up to 7 days in advance for all bookable activities.
12 month membership: £11.00

NEW FOR 2009

This exciting new initiative by the Royal Borough of Kensington & Chelsea Council in partnership with Nuffield Health Wellbeing is to increase swimming participation for all adults who are 60 years and over and children 16 yrs and under. If you would like to know more about this new initiative please speak to a member of our team or complete an application form available from reception.

Please note. A valid RBKC swim membership card must be shown to gain free entry to the swimming pool.

*Terms and conditions apply

Kensington Leisure Centre
Walmer Road, London W11 4PQ

020 7727 9747

kensington.sales@cannons.co.uk

Courtneys.co.uk



Leisure Pass

Leisure passes are available to Kensington and Chelsea residents who are receiving benefits. Please see reception for further details.

The following times apply:

Swimming - during all public swimming sessions	
Gym	
Monday-Friday	09.00-15.30
Saturday	08.00-20.00
Sunday	18.00-22.00

6 Month Pass	£6.00
12 Month Pass	£12.00
6 Month Family Pass	£12.00

Please see leisure pass leaflet for more details.

If you would like to know more about membership or would like to visit us for the day as our guest please call the membership team on 020 7727 9747 or email us at kensington.sales@cannons.co.uk

Fitness Classes

Fitness Classes	£4.75	Circuit Training	£5.80
Spinning	£5.80		

Gym

Adult	£6.00	Introduction	£20.00
Leisure Pass	£2.85	Introduction	£12.00
Junior gym	£2.90 (Free to RBKC Junior Swim Card holders)		

Ladies Morning

Relax and re-energise at our ladies morning choose any two activities from the gym, fitness classes, swimming or squash.

Wednesdays 09.00-12.00. £5.40

All persons using the gym must have attended an Introduction session. A complimentary introduction is given when joining Courtneys Ultimate Membership - see membership options for details.

Courtneys Swimming Lessons

Adult Course (13 weeks)	£81.90
Junior Course (13 weeks)	£46.80
Adult Crash Course (5 consec days)**	£31.50
Junior Crash Course (5 consec days)**	£18.00
1 Private 1/2 hr Lesson 1:1	£20.20
6 Private 1/2 hr Lesson 1:1	£109.00
12 Private 1/2 hr Lesson 1:1	£218.00
1 Private 1/2 hr Lesson 2:1	£25.60
6 Private 1/2 hr Lesson 2:1	£143.50
12 Private 1/2 hr Lesson 2:1	£287.00
1 Private 1/2 hr Lesson 3:1	£34.30
6 Private 1/2 hr Lesson 3:1	£187.00
12 Private 1/2 hr Lesson 3:1	£374.00

Terms and Conditions apply. **Crash Course run on demand only.

Swimming

Adult	£3.50	Child	£1.30	Leisure Pass	£1.20
Shower	£1.25	Under 5's	Free		

RBKC Active for Life Programme

Fitness Classes £2.00

See our fitness timetable for a full list of available classes and times. For a full list of activities please see the 'Everything You Need To Know' brochure available from reception.

Adult Activities

Sports	Casual	Leisure Pass
Squash (30 mins)	£4.85	£2.40
*Badminton (1 hour)	£9.70	£4.90
*Basketball one ring (1 hour)	£11.90	£11.90
Basketball, Volleyball, Football per court (1 hour)	£37.30	£37.30
Outdoor Pitch (1 hour)	£28.40	£28.40
*Sports Hall full hall (1 hour)	£74.60	£74.60

*Available to book by 30 mins.

Equipment is available for hire with a £10 deposit and at a cost of £1.25

Junior Activities

Outdoor Pitch (60 mins)	£14.20
Mini Football	£2.90
Crèche	£1.30
Junior Gym 13-16 yrs	£2.90
(Supervised sessions only for Juniors Mon - Fri, 5-6pm)	
- Free to RBKC Junior Swim Card holders	
Street Dance 8-16 yrs	£2.90

Childrens Parties from £9.40 per head

Courtneys Jungle Gym

Under 2yrs	£1.35
2yrs +	£2.75
leisure pass	£1.35

Please note:

- 5 minute setup time is required at the beginning of your booking.
- If you cancel within 24 hours you may be charged if we cannot re-sell your booking.
- Junior prices apply up to 16yrs of age.



Prices & Times

The Royal Borough of Kensington and Chelsea working in Partnership with Nuffield Health Wellbeing Ltd.