

Community gathers to say no to knife crime



This month will see the **One Life No Knife** project bring two exciting and free events to North Kensington, with good music, tasty food and rewarding opportunities for young people who live, work or study in the borough.

Kicking off the programme of events will be a football match between RBKC Youth and the Metropolitan Police Service (Central West Area Command) on **Wednesday 20 February**. The match will take place at **Westway Sports Centre, 1 Crowthorne Road, W10 6RP**, with kick off at **4.45pm**. All residents are encouraged to come along and show their support!

On **Friday 22 February**, an opportunities fair will be taking over **The Tabernacle on Powis Square, W11 2AY** for young people aged 15 to 24. Following this will be a music event presented by One Vibe and hosted by BBC Radio 1Xtra's Seani B.

The Fair, open from **5pm to 7pm**, will be your chance to mix and mingle with dozens of potential future employers and hear first-hand what working for them could be like. It's also your

opportunity to promote yourself as a possible employee and maybe even secure an interview at a later date. It's a no pressure environment to help you figure out what you might want to do in the future. Employers already confirmed to attend include British Airways, Chelsea FC, the Army, London Fire Brigade, Brunel University, Princes Trust and more.

Then, when the networking is done, a night of music hosted by Radio 1Xtra's Seani B with special guest appearances will run until **10pm**.

It's an evening not to be missed. You can get your free ticket to this event by registering on Eventbrite. Just visit www.eventbrite.co.uk and search *One Life No Knife Opportunities Fair*.

As knife crime in London continues to be a problem, the One Life No Knife events aim to provide young people pathways to employment, education and opportunity.

Please be aware that photographs and video footage will be taken at these events for potential use in future promotion.

IN THIS EDITION

- 2** Activities programme at The Curve Community Centre
- 3** Another petal blossoms on Grenfell Memorial Mosaic
- 3** Kids go sporty this half-term
- 3** Creativity is key at new youth workshop
- 4** New NHS leaflet for those affected by Grenfell
- 4** Free and confidential debt advice

Grenfell Scrutiny Committee to focus on Children's Services

You can now view the agenda papers and other supporting documents for next **Wednesday's (6 February)** Grenfell Recovery Scrutiny Committee meeting.

Topics to be discussed by the committee include services and support provided to young people by Children's Services in the Grenfell Recovery Strategy, how Grenfell Recovery will be resourced and the Grenfell rehousing process.

You can read the agenda and supporting documents in full by visiting bit.ly/2G5q0H3.

The Scrutiny Committee will be meeting on **Wednesday 6 February at 6pm** in the Small Hall of Kensington Town Hall. All are welcome.

Activities programme at The Curve Community Centre

Monday 4 February

- **10.30am-12.30pm** - ICT classes for beginners from NOVA with the opportunity to achieve a qualification (drop-in)
- **12.30pm – 2.30pm** – Job Search Workshop from NOVA. Support with online job hunting (drop-in)
- **6pm – 8pm** - Functional Skills in English with NOVA. Contact Chrissy, booking required **020 7221 9836**
- **6.30pm – 7.30pm** – Zumba with Paula for ages 18 plus (drop-in)

Crèche: 9.30am-12 noon and 12.30pm-3pm

Tuesday 5 February

- **10am – 3pm** – Fouzia's Sewing Club. Drop-in sewing club for all, grow your skills, knit and natter
- **10.30am – 12.30pm** - ICT classes for beginners from NOVA, with the opportunity to achieve a qualification (drop-in)
- **4pm – 5pm** - Shared Reading Group for adults and children. Contact Erin on **07483 972020** or **erincarlstrom@thereader.org.uk** to find out more. Open to all reading abilities (drop-in)
- **5pm – 7pm** - Arabic language classes for ages seven plus (booking required, email **thecurve@rbkc.gov.uk**)

Crèche: 9.30am-11.30am and 12.30pm-3pm



Wednesday 6 February

- **10am-12 noon** – The Curve coffee morning. Come along for a coffee and a chat
- **10.30am-12.30pm** – CV workshop with Jasmine from NOVA. All ages welcome (drop-in)
- **1.15pm-3.15pm** – Drug and alcohol support session (drop-in)
- **4pm-7pm** – Girls' youth group for ages 13 plus with Laura. Promoting emotional health and wellbeing (drop-in)
- **6pm-8pm** - Functional skills in English with NOVA. Contact Chrissy, booking required **020 7221 9836**
- **6pm-7pm** – Free Cuban salsa class for beginners and improvers (drop-in)
- **7pm-8pm** – Free Cuban salsa class for intermediates and advanced (drop-in)

Crèche: 10am-12.30pm and 1pm-5pm

Thursday 7 February

- **10am - 4pm** - Job search sessions from Clarion Housing Group. Open to everyone helping with job applications and CV writing (drop-in)
- **10.15am – 12.15pm** – Open Age: Speaking with Confidence. This course is for speakers of English as a second language who want to improve their confidence (drop-in)
- **11.30am – 2pm** – Adult creative arts with Jay. Come along and fuel your creativity (drop-in)
- **2pm - 6pm** - Home Office. Help with immigration and passport issues (drop-in)
- **5pm - 7pm** - Arabic language classes for ages seven plus (booking required, email **thecurve@rbkc.gov.uk**)

Crèche: 10am-1.30pm and 2pm-3pm

Friday 8 February

- **10am-10.45am** – Zumba with Paula for women ages 18 plus (drop-in)
- **11am-12 noon** – Zumbini, Zumba for children (drop-in)
- **4pm-4.30pm** – Learn Taekwondo for beginners aged four to six (drop-in)
- **4.30pm-5.30pm** - Learn Taekwondo for beginners aged six to 12 (drop-in)
- **5.30pm-6.30pm** - Learn Taekwondo, intermediate ability aged six to 12 (drop-in)
- **6.30pm-8pm** - Learn Taekwondo for teens and adults aged 13 plus (drop-in)

Crèche: 10am-12 noon and 12.30pm-5pm

Saturday 9 February

- **11am-12 noon** – Manhood Academy. A preparatory programme for boys of African Diasporan descent, shaping positive masculinity for ages eight to 12 years (drop-in)
- **2.30pm-3.30pm** – Free Cuban salsa class for beginners and improvers (drop-in)
- **3.30pm-4.30pm** – Free Cuban salsa class for intermediates and advanced (drop-in)

Sunday 10 February

- **11am-12 noon** – Learn Taekwondo for beginners aged six to 12 (drop-in)
- **11am-3pm** – Turbo Tutors key stage 3 and Key Stage 4. Homework Club with a qualified tutor (drop-in)
- **12 noon-1pm** – Learn Taekwondo, advanced level for ages six to 12 (drop-in)
- **1pm-2.30pm** – Learn Taekwondo for teens and adults aged 13 plus (drop-in)

To book a place in The Curve crèche, call **020 7221 9836** or email **thecurve@rbkc.gov.uk**

The Curve Community Centre, 10 Bard Road, London W10 6TP

Opening hours Monday to Friday: 10am to 8pm, Saturday to Sunday: 11am to 6pm. Some sessions need to be booked in advance by emailing **thecurve@rbkc.gov.uk**. For a full list of events visit **grenfellsupport.org.uk/thecurve/events**

Another petal blossoms on Grenfell Memorial Mosaic

Young people attending the youth clubs at Rugby Portobello Trust have completed the eighth petal for the Grenfell Memorial Community Mosaic.

The petal will be added to the other segments of the mosaic in time for the next silent walk on **Thursday 14 February**.

The centre of the mosaic flower was unveiled as part of the commemorative events to mark 12 months on from Grenfell.

Since then, a different community group has worked together on a petal each month to add to the artwork. The mosaic sits on the hoarding at the base of Grenfell Tower, with the petals spelling out words chosen by the community: Love, Hope, Unity, Solidarity, Respect, Courage, Together and now the latest petal, Grace.

The next group to create a mosaic petal is Acklam Village. They are yet to choose their word.



The North Kensington White Watch hold last month's petal.

Photo credit:
Toby Laurent Belson

Kids go sporty this half-term

Kensington Leisure Centre is encouraging local children to pick up a racket and get active this half-term with free two-day Mini Tennis camps. The two-day camp is available at **Kensington Leisure Centre, Silchester Road, W10 6EX** on **Thursday 21** and **Friday 22 February** from **2pm to 4pm** for children aged five to 10 years old.

Also in store over half-term, is a new mini tennis camp venue. These sessions will take place at **The Curve Community Centre, 10 Bard Road, W10 6TP** on **Tuesday 19** and **Wednesday 20 February** from **10am to 12pm** for children aged five to eight years old.

To sign up contact Kensington Leisure Centre's Community Sport Manager, Phil on phil.kemp@gll.org with your child's name, date of birth and parent/guardian contact number.

Free swimming for under 8s is also back for the February half-term and available during all public swimming sessions at Kensington Leisure Centre. No need to book, simply turn up and join in during any 'Swim for All' session during the half-term break.

Whether you're learning how to swim or you're a seasoned swimmer, please take some time to read through Kensington Leisure Centre's swim safety rules www.better.org.uk/swimsafetyrules.

Please note that swimming lessons and other instructor-led sessions are not included.



Creativity is key at new youth workshop

A free workshop for children and young people is coming to North Kensington. Organised by Kamitan Arts, the organisation which produced the Poetry 4 Grenfell events and book, "Lyrikal Art" will offer a creative space where you can create and recite poetry, rap, art and dance.

The sessions will be where art meets poetry and will feature guest artists and live musicians on rotation to offer entertainment and inspiration.

The first session will be on **Tuesday 5 February** with workshops on **Tuesdays** and **Thursdays** from then on, excluding school holidays.

Workshops will run on:

Tuesdays from **5pm to 6.30pm** for ages eight to 12 at **The Harrow Club, 187 Freston Road, W10 6TH**

Thursdays from **5pm to 6.30pm** for ages 12 to 21 at Octavia's **The Reed, 28 Convent Gardens, W11 1NH**.

If you or your child would be interested in attending, please register your place by emailing Emanuelle on Ka.1@hotmail.co.uk

Support services on offer

Anyone who would like to speak to the police in relation to the investigation into the Grenfell tragedy is asked to contact the Met Police on **020 8201 2426**.

Important contacts

Grenfell Enquiries service

A one-stop shop for support, advice and guidance around Grenfell. For more information visit grenfellsupport.org.uk/grenfell-enquiries or call **020 7745 6414**.

Cruse Bereavement Care

Call the Freephone helpline on **0808 808 1677** or email helpline@cruse.org.uk. The helpline is open **Monday-Friday** from **9.30am to 5pm**. Extended hours Tuesday, Wednesday and Thursday evenings until **8pm**.

Replacement UK passports, visas or immigration queries

Call the Home Office advice line on **0300 303 2832**. The line is open 24 hours.

Air quality and smoke exposure

If you have concerns about any symptoms, see your GP and mention Grenfell. They will be able to direct you appropriately.

Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

Victim support

Call **0808 1689 111** for practical and emotional support, or visit victimsupport.org.uk. The line is open 24 hours a day.

You can also get emotional and practical support at **The Curve Community Centre**.

Call **020 7221 9836**.

YoungMinds mental health support

Text YoungMinds for free if you are a young person struggling with your mental health **85258**.

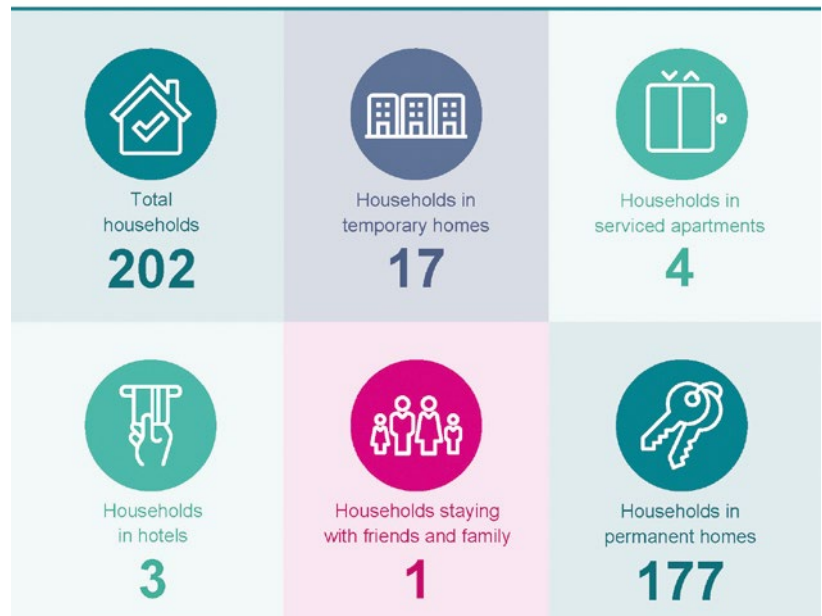
The **Grenfell Health & Wellbeing Service** is a free and confidential NHS service for those affected by Grenfell. Self refer at: grenfellwellbeing.com

If you need urgent help, contact your GP or visit your local A&E. In an emergency, always call 999.

Grenfell Tower and Grenfell Walk rehousing progress update



These are the figures for **31 January 2019**



New NHS leaflet for those affected by Grenfell

The NHS Grenfell Health and Wellbeing Service has published a new leaflet featuring useful contact details you might want to keep to hand.

The team offer a range of talking therapies and support to help anyone who has been affected by the Grenfell tragedy. Their staff are knocking on doors to make sure that survivors, the bereaved and

local residents know that there is someone who will listen if they want to talk, and that psychologists are available if they wish.

The leaflet has already been handed out to some people in the community, with more to be handed out at the next Silent Walk on **Thursday 14 February**. You can also find the leaflet on the CNWL website bit.ly/2UurChA

Free and confidential debt advice

The Kensington and Chelsea Citizens Advice Bureau provides free, confidential and impartial advice on debt matters to people who live, work, or study in Kensington & Chelsea. Visit their website for more information and to find your nearest location: kensingtonandchelseacab.org.uk



Upcoming meetings – Residents welcome to attend.

Grenfell Recovery Scrutiny Committee

Wednesday 6 February, 6.30pm
Kensington Town Hall.

Leadership Team Meeting

Wednesday 20 February, 6.30pm
Kensington Town Hall

Overnight emotional support

The NHS Outreach Team is providing a targeted clinical service for those who feel that they require overnight support; this includes a dedicated phone-based mental health service throughout the night, with home visits for those who require it.

If you need to talk, anyone can call the night service on **020 8962 4393**, between **10pm** and **7am** seven days a week.