

Dementia Action Week 20th – 26th May 2019
Events in Westminster and Kensington & Chelsea

**All events are free unless stated otherwise. Events marked with *
are part of the *Sloane Square Arts Festival for Dementia***

TBC Monday 20th May 11-1pm Dementia Workshop with Guy Matthews

New Horizons, Guinness Trust Estate, Cadogan Street, SW3 2PF

Come and find out more about Dementia; how, what and why. Open to anyone aged 50+ and an Open Age member. Limited spaces - book on **020 7590 8970**

***Monday 20th May Sensory Tour of the Army Gallery**

National Army Museum, Royal Hospital Rd, Chelsea SW3 4HT

Bespoke tour including handling objects in the collection. Tours available at **2pm, 3pm and 4pm** and last 45 minutes. Book via <https://bit.ly/2GPCFg2> or call **Peggy** on 0777 578 4520

Monday 20th May 3-4.30pm Information Session about Living Well with Dementia

Science Museum Exhibition Rd, South Kensington, SW7 2DD

An informal drop in session with Mandy Andrews, Kensington and Chelsea's Dementia Advisor and Admiral Nurses; specialist dementia nurses who give expert practical, clinical and emotional support to families living with dementia. For further information contact **Mandy** at AGE UK Kensington and Chelsea on 020 8960 8137 or MAAndrews@aukc.org.uk

Monday 20th May 5-7.30pm Evening for Carers

Museum of Brands, 111-117 Lancaster Road, W11 1QT

This special evening for carers offers an exclusive opportunity to visit the Museum of Brands after hours. Join friends and colleagues and enjoy our exhibitions, refreshments and peer support. Book by contacting **Alina** at alina@museumofbrands.com or 020 7243 9616

***Tuesday 21st May 1-2.30pm See Golden Days Concert by Opera Prelude**

Caversham Room, Cadogan Hall, 5 Sloane Terrace SW1 9DQ

You are invited to Cadogan Hall for a concert by Opera Prelude's Young Singers, including opera, jazz, musical theatre, celebrating music and memories, refreshments provided.

Sponsored by *Age Unlimited*. Book via <https://bit.ly/2PGjd9q> or **Peggy** on 0777 578 4520

Tuesday 21st May 2-4pm Gamelan Workshop at the Southbank Centre

Royal Festival Hall, Belvedere Road, SE1 8XX

Come to play on a beautiful Javanese percussion orchestra known as Gamelan.

Booking essential, contact **Terezie** 07540 502 379 or terezie.wickenden@londoncare.co.uk



*List compiled by Resonate Arts, an arts programme
for people living with memory loss and dementia*

www.resonatearts.org | 020 7321 2702

Wednesday 22nd May & Friday 24th May 10-12pm and 2-4pm

Dementia Advice, Information & Research stalls from CHARIOT of Imperial College London

New Horizons Café, Guinness Trust Estate, Cadogan Street, SW3 2PF

Refreshments can be purchased from the café. No booking required – drop in

***Wednesday 22nd May 12-5pm Crochet-a-thon**

Holy Trinity Church Sloane Square, SW1X 9BZ

Everyone welcome, come socialise over stitching ‘forget-me-nots’ in a pop-up tea shop, all materials provided

Wednesday 22nd May 2.15-3.15pm Keep on Moving, Penfold Community Hub

60 Penfold Street, NW8 8PJ

An exercise class for physical and mental stimulation. **Booking essential** please call 0203 815 2012

***Wednesday 22nd May 4-7pm Evening Social at The Chelsea Physic Garden**

Elkstone Road Community Garden Oasis, W10 5YG

A gathering for nature lovers in a lovely urban haven with music and refreshments

For more information, contact **Peggy** on 0777 578 4520

***Thursday 23rd May 11am-1pm Script Writing Workshop at the Royal Court Theatre**

Royal Court Theatre, Sloane Square SW1W 8AS

Exploring storytelling, no previous experience required. Booking essential via

<https://bit.ly/2J9sMwo> or call **Peggy** on 0777 578 4520

Thursday 23rd May 12pm onwards Crochet Reminiscence Sculpture Exhibition

Saatchi Gallery Duke of York’s HQ, Kings Rd, Chelsea, SW3 4RY

Laura Collins, Bristol crochet artist, has stitched enlarged replicas of vintage items in collaboration with the *Museum of Brands*

Thursday 23rd May 3-5pm Westminster Dementia Action Alliance AGM

Westminster City Hall, Lord Mayor’s Parlour, 64 Victoria Street, SW1E 6QP

An open event for anyone who is interested in building a dementia friendly Westminster.

Includes speakers, networking opportunities, refreshments. Contact **Julie** for more information julie@resonatearts.org or 020 7321 2702

Thursday 23rd May 09.30am departure Minibus trip to Kew Gardens

Penfold Community Hub, 60 Penfold Street, NW8 8PJ

Enjoy a trip to Kew Gardens, the fee is £9.00 covering minibus transport, entry and an all-day pass on the land train. **Booking essential** please call 0203 8152012

Friday 24th May 10.30am-12.30pm A World in a Suitcase

Penfold Community Hub, 60 Penfold Street, NW8 8PJ

Making use of an iPad to create a suitcase of memories. iPads available or you are welcome to bring your own. **Booking essential** please call 0203 815 2012

***Friday 24th May 2-3pm Visual Art Workshop**

Saatchi Gallery Duke of York's HQ, Kings Rd. Chelsea, SW3 4RY

Creating with Dementia invite people living with dementia and their carers to join them for a creative art session. All materials and refreshments will be provided. **Booking essential**, call **Peggy** on 0777 578 4520 or <https://bit.ly/2vwMmKW>

***Friday 24th May 4-5pm Film Screening of 'Every Picture Tells a Story'**

Saatchi Gallery Duke of York's HQ, Kings Rd. Chelsea, SW3 4RY

True life experience of the acclaimed Irish painter, William Scott, RA. Directed by William Scott's son, the Oscar winning filmmaker, James Scott, the movie traces the life of a boy who becomes an internationally celebrated 20th-century painter. Film is 79 minutes long. Popcorn and refreshments will be served. Book a ticket via <https://bit.ly/2Z0t01Q> or call **Peggy** on 0777 578 4520

Week long events as part of Dementia Action Week:

***Monday 20th - Sunday 26th 9.30am-7pm Stories of Spring: Dementia Art Exhibition**

Peter Jones, Sloane Square, 5th Floor Café, SW1W 8EL

Featuring work by residents of Chelsea Court Place and The Royal Hospital showcasing the benefits of artistic output in living well with dementia

***Tuesday 21st May- Sunday 26th 12- 5pm Pop-up Tea Shop**

Holy Trinity Church Sloane Square, SW1X 9BZ

*Monthly listings are available in **Westminster and Kensington & Chelsea.***

*Please contact **Julie** at Resonate Arts if you would like to be added to our mailing list.*

julie@resonatearts.org or call 020 7321 2702



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