Cycle Training for Pupils in the Royal Borough

We are pleased to offer level one and level two accredited Bikeability cycle training courses, free of charge, to all schools with an active school travel plan. These courses are delivered by our highly experienced team of qualified cycle instructors. All cycle training courses are delivered to groups of no more than 15 pupils. We ask that children bring their own bicycles where possible, however, a small number of bikes may be available to borrow for the purposes of the training: this must be arranged with the Road Safety and Travel Plan team in advance of the training. All pupils are required to wear helmets throughout both courses and the training team will supply these to pupils where required. Children will also be supplied with high-visibility clothing for the on-street portion of the training.

Level One

Level one Bikeability training consists of a one-day course and is delivered to pupils in years three and four. The course focuses on improving children’s manual control of their bicycles giving participating students a firm set of skills with which to cycle safely and confidently. The training is delivered off-street, normally in the school’s playground.

Please note that level one training sessions take place only during Spring term. All schools with a valid school travel plan will be invited to participate at the appropriate time.

Level Two

Level two Bikeability cycle training takes place over 5 sessions during the course of one week. The course is aimed at children in years five and six and builds on the skills developed in the level one course. The training will commence in the school playground allowing the trainers to assess pupils’ control of the bicycle. The course culminates with on-street training to provide pupils with the skills to cycle safely in our busy urban environment. The on-street portion of the training is carefully monitored by the trainers and takes place on a planned and risk-assessed route around the school’s area. All instructors are highly experienced and carry out dynamic risk-assessments of the road situation throughout the training sessions. The course covers aspects of road positioning and furnishes children with an understanding of the fundamentals of the Highway Code in order to allow them to conduct themselves safely while cycling on the public highway.

To book a course of Bikeability cycle training for your school, please complete the online request form within the Road Safety Training course section of our website. Once the course has been scheduled, your school will be supplied with the appropriate parental consent forms which are required for all participating pupils. Where schools do not have an appropriate space in which to conduct off-street training, it may be possible to conduct the training in a nearby park or sports facility, the Road Safety and Travel Plan Team may be able to help with booking such facilities.