# Bathroom Adaptations

This short guide provides information and examples of what the proposed adaptation to your bathroom might look like and briefly explains how it will be fitted





### **Disclaimer**

Photographs are indicative of the type of adaptation that can be fitted; please be aware that variations may occur depending on what your assessed needs are and what our approved list of contractors can reasonably supply at any given time.

## Wet floor shower installation

A wet floor shower is created by fitting a pre-formed plastic tray, known as a 'former' onto an area of the floor that is completely level. The tray itself will have a graded slope towards the plug hole (gully) where the water drains off. Slip-resistant flooring is laid down over the top of the shower tray, covering the entire bathroom.

The shower unit controls in the wet floor shower are usually situated to either side of the shower seat (if a seat is fitted). The shower unit would not usually be fitted in front of you when/if you are seated.



# Thermostatic electric shower

This shower unit will have 'thermostatic' controls so that the water temperature remains constant. It will also be installed with an additional safety cut-off mechanism that will activate if there are any fluctuations in the main water supply.

The maximum water temperature will be set at 43°C and will not get hotter than this. This is to prevent any risk of scalding.

Any grab rails fitted in the shower area will be white and made of reinforced plastic.





# Wall-fixed wash basin

As part of the adaptation, we will usually fit a wall-mounted hand basin. This is fitted without a standing pedestal to provide access for any additional mobility requirements.

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# **Summary of adaptations**

Below is a list of adaptations that can be fitted in your home.

- A level shower area/wet floor shower if this is recommended by an occupational therapist. Installation would also be subject to a technical feasibility assessment.
- Tiling to the shower area only, as required. While we can only use white ceramic tiles, you will have a choice of the colour of border tiles that are used. This will be discussed with the contractor and surveyor at the pre-site meeting stage.
- A thermostatic temperature-controlled electric shower unit, as approved by the RNIB.
- Slip-resistant vinyl flooring to the whole bathroom, as required.
- Suitable drainage to the shower area, which may include the provision of a waste-water pump where required.
- A wall-fixed, padded shower seat or freestanding shower seat will be provided if recommended by an occupational therapist.
- Grab rails will be provided within the shower area where it is recommended by an occupational therapist. These will usually be white and made of strong, reinforced plastic.
- A full-length, weighted shower curtain will be provided. Due to health and safety considerations, we do not provide glass screens.

### **Contact details**

If you have any queries, please contact your Adaptation Caseworker on **020 8964 6141** or email: **HousingAdaptations@rbkc.gov.uk**