NORTH KEN NEWS



October 2022

Page 4 Help us build a legacy from Grenfell

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Page 5 Passing of Her Majesty Queen Elizabeth II Page 6 A night of culture in K&C

Gold Medallist comes home to North Ken page 3

About your North Ken News

North Ken News is a dedicated newsletter for North Kensington communities produced by Kensington and Chelsea Council.

Have you got news for us?

We are always on the lookout for good news stories, whether they are about an event you are running, a local hero who is working wonders in your community or a programme or course that local residents could benefit from.

If you would like to get in touch with an idea or story, please email northkennews@rbkc.gov.uk and we'll get back to you as soon as we can.

Tell us what you think

We're interested in hearing your feedback about North Ken News. We want to produce a newsletter which you enjoy reading and find useful, so please let us know what you'd like to see more of. Email us at northkennews@rbkc.gov.uk

Staying in touch

There are other ways to keep up to date with borough-wide news as well as news and announcements from Kensington and Chelsea Council.



💮 www.nextdoor.co.uk



🕞 www.instagram.com/kensingtonandchelseacouncil

For updates on Grenfell

- 🔰 @GrenfellUpdates
- www.rbkc.gov.uk/grenfell
- To stay up to date with the latest news and events sign up to our enewsletter mailing list, visit www.rbkc.gov.uk and search K&C Life.

If you would like to opt out of receiving North Ken News or would prefer to read it online, please let us know at northkennews@rbkc.gov.uk

Get more from the borough with K&C Life

K&C Life is the regular enewsletter from Kensington and Chelsea Council, condensing all of the week's news, stories, events and ways you can get involved into one package.

K&C Life subscribers are some of the first to hear about Council consultations, as well as breaking Council news about big events such as preparations for Her Majesty Queen Elizabeth II's funeral and Notting Hill Carnival.

If you live in the borough, K&C Life is one of the easiest ways to hear about issues that affect you, such as bin collection changes, parking stories and new planning concepts. You will also hear about the events and arts that make our borough so vibrant, with new installations, productions and exhibitions often being mentioned there before anywhere else.

To subscribe to K&C Life, visit www.rbkc.gov.uk and search for "enewsletters".



Gold medallist heads home to Westside Basketball Club

Budding basketballers at a North Kensington summer camp had stars in their eyes when Commonwealth Games gold medallist Kayne Henry-McCalla stopped by for a visit.

Fresh from winning gold in the men's 3v3 basketball at the 2022 Birmingham Games, Kayne headed to Kensington Leisure Centre to meet youngsters training with London Westside – the same club he used to play for – for their summer camp.

The 23-year-old showed off his medal, watched the young players being put through their paces on the court and took time to answer a series of questions about his background and career.

Speaking to North Ken News about his "strong connection" with Westside, he said:

"The coaches helped me to knuckle down when it mattered. I knew when it was time to be serious and they had a lot to do with building my character when I was growing up.

I'm thankful for that because if it weren't for them, I don't think I'd be the person or player I am today.

It's nice to be back, seeing kids that watched me growing up and seeing how they've grown up themselves. It's a lot to take in."

Westside Basketball is open to girls and boys from eight to 20 years old. The club is part of the Council and GLL subsidy programme, and as a result offers affordable membership throughout the year while providing top-quality coaching.

Coach James Markham, one of the coaches to spot and help develop Kayne's talent, said that

"Westside is a true community club which is open to anyone willing to turn up and give maximum effort.

If basketball was a natural resource, this area would be like Saudi Arabia in the 1950s. The talent is definitely here, it just needs the right infrastructure and funding to really take it to where we believe it could go." In fact, the club seems to be going from strength to strength. Earlier this year, the under-18 boys team became the National Champions after beating Manchester Magic.

While Coach James Markham is excited about the club's prospects on the court, he is just as passionate about the life skills that young players develop from their time with London Westside. He added:

"Sport is a great tool for teaching young people valuable life skills, learning teamwork, discipline and dealing with adversity.

We love Kayne and there will be more Kaynes, but it's not just about them – it's about everyone and how they can use what they learn from here to excel in other areas of their lives and make the community a better place."



If you'd like to find out more about Westside Basketball Club, please contact info@oneldn.org.uk directly. To find out more about the sports clubs running in the borough for children and young people, please visit our website and search 'sports and leisure' for information or contact sportandleisure@rbkc.gov.uk

Help us build a legacy from Grenfell

Kensington and Chelsea Council is asking residents to share their views on how we can become the best Council for our communities in light of Grenfell.

Bereaved, survivors and local residents have challenged us to make sure that the lessons from Grenfell are never forgotten. They have told us they want us to use the learning from the tragedy to make Kensington and Chelsea the best Council for all residents, and one which is led by its communities.

We have launched a survey that anyone can complete. Please visit https://linktr.ee/grenfelllegacy to give us your views.



So far, during this initial round of consultation, 170 of you have had your say. There's still lots of ways for you to give us your views. We are holding drop in sessions and group discussions for local people. We have already heard many ideas about this through the range of consultations that have taken place with bereaved, survivors and local residents and have started on that path of change.

However, we know there is still more work to do to rebuild trust and relationships with our communities and want to give everyone an opportunity to tell us how we can do that by building a shared vision for the future, whether you are a local resident or were directly affected by Grenfell.

This is the first element of a wider conversation which the Council is having about its priorities over the next four years to shape the new Council Plan.

If you would like to find out more email GrenfellLegacy@ rbkc.gov.uk or call 07714 846092.



Drop-ins and group discussions:

- Drop in on Wednesday 5 October between 4pm and 6pm at Kensington Leisure Centre, Silchester Road, W10 6EX
- Group discussion on Tuesday 11 October from 6pm to 8pm at Venture Centre, 103a Wornington Road, W10 5YB

The Big Cook Off returns

Last month saw the community, local partners, community providers, and resident groups come together for the third ever Big Cook Off. The yearly event brings together local agencies and the community in healthy competition while raising funds for local people with a passion for cooking.

Two-hundred people attended the cook off with 12 teams competing, including, Lancaster West & Avondale Park, Kensington and Chelsea Councillors, MET Police, the Fire Brigade, NHS, K&C Foundation, Westway Trust and many more. Local artists also attended and created a number of paintings which will go on display at Morley college with an exhibition later in the year.

The competition was judged by Clare Smyth MBE, Matt Abe, Ren Singh, Sally Clarke & Bruno Pires with the NHS bagging the win with their recreation of Clare Smyth's CORE chicken and two side dishes.

Next year's Big Cook Off is already being planned with the event taking place on **Sunday 3 September 2023**.



The winning team from the NHS

Passing of Her Majesty Queen Elizabeth II

To mark last month's passing of Her Majesty Queen Elizabeth II, residents around North Kensington paid their respects by creating memorials, volunteering at events and spending time together with their community.

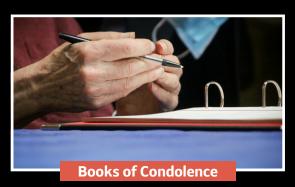
Children at St Mary's Catholic Primary School wrote letters of condolence and drew pictures to decorate a board dedicated to The Queen.

North Kensington resident Vassiliki Stavrou Loraine volunteered to work at The Queen's funeral as a host. Vassiliki met the Queen when she visited North Kensington in the aftermath of the Grenfell tragedy. She said:

"I live in Bramley House which is 80m away from Grenfell. My personal recollection is when The Queen came to visit the people who were affected after the disaster of Grenfell.

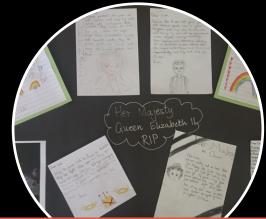
"That was a very touching moment. It was a surprise visit – nobody knew that she was coming, but she was very compassionate and she was able to give advice and support to the people that she met with.

"She has been a very strong, resilient figure, is an inspiration to women and I think she was a symbol of unity for this country. Unity of people is very important and that is one of the reasons I am here."



Older residents were able to pay their respects to The Queen after books of condolence were delivered to their doors in North Kensington. The borough's Mayor, Cllr David Lindsay, took the books to Alan Morkhill House, Princess Louise of Kensington Nursing Home and Kensington Day Centre to give people a chance to share their reflections on the life of Her Majesty Queen Elizabeth II.





St Mary's Catholic Primary school RBKC Queen Elizabeth II Tribute

Get involved in community projects near you

Since our previous Grenfell Projects Fund 2 update, we've helped to launch even more community projects throughout North Kensington. From free cycling lessons and yoga classes to creative play-reading and videography workshops, here's a taste of what's currently up and running as part of the Fund.

Lockdown Cookout Community cooking sessions.

Walk and Cycle London CIC Cycling training and bike maintenance.

Baraka Community Association Healthy living activities programme.

NKenPlay – Child play classes.

Minds United FC Female football sessions.

Westway Yoga Yoga, meditation and wellbeing classes. The Playground Theatre Company – Creative workshops and events.

KidZbox CIC Non-contact boxing tuition.

Kulan Somali Organisation Essential skills training, physical activities & family mentorship workshops.

Optimum Sports and Media Videography and publishing workshops for sports media.

The Gheez Rite Chaplaincy Community Association (GRCCA) Coding and programming skills.

Trimenco CIC – Coaching, training and mentoring for women.

Women's Association for Networking and Development Work experience and support sessions for girls.

One London Basketball Basketball sessions. As part of the Grenfell Projects Fund 2, the Cuban Boxing Academy is providing weekly junior, adult and senior boxing sessions for residents across North Kensington. The Academy provides mentoring, physical training and mental wellbeing support through its holistic approach to boxing.



If you'd like to discover more projects that suit your personal tastes and interests or want to find out how to get involved, visit rbkc.gov.uk and search '**Grenfell Projects Fund**.'

K&C Culture Night

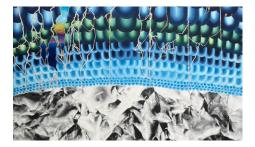
Get set for our night of culture, celebrating the exciting range of arts, design and creativity which make K&C so vibrant.

On **Friday 7 October**, events will take place across the borough that will wow adults and children alike.

With last year's events including Carnival Arts Music at the Tabernacle showcasing Calypso musicians, Mas Bands and many more, as well as the Muse Gallery's exhibition charting fantasy, wonder and seduction, there's a lot to come. Find out more on our website by searching **'Culture Night 2022'**.

Get in touch with us now if you'd like to promote an event you'll be hosting on Friday 7 October by emailing: cultureservice@rbkc.gov.uk









Working with residents to turn Notting Dale greener

The Council has been awarded funding from the Mayor of London to work with residents to transform Notting Dale into an exemplary sustainable eco-neighbourhood that is greener, fairer, and more climate resilient.

The Notting Dale Future Neighbourhoods 2030 programme will deliver projects and initiatives that:

- improve air quality
- make our homes and buildings more energy efficient
- lower carbon emissions
- improve access to nature
- create new green jobs
- provide more opportunities for active travel
- and improve resident's health and wellbeing

On **Thursday 8 September**, we held a launch event for the programme in Avondale Park. Residents were invited to come along and tell us their priorities and aspirations for a greener Notting Dale to help shape the next steps of the programme.



Residents were also able to meet some of our partners already delivering projects in the local area such as a school uniform swap shop to reduce waste and make school uniforms more affordable and new community gardens at Latimer Road and Ladbroke Grove stations.



If you're interested in hearing more about the Notting Dale Future Neighbourhoods 2030 programme and how you can get involved, email environment@rbkc.gov.uk

If you weren't able to make the launch event but would like to give your ideas about projects and initiatives that might improve the local area and benefit residents, you can fill in our online survey at www.surveymonkey.co.uk /r/FNDigital





Visit www.rbkc.gov.uk/artsgrants for details artsgrants@rbkc.gov.uk

Culture Arts Grants re-open

Following an exciting summer of culture in the borough, including the return of Notting Hill Carnival, it's now your turn to host an event which celebrates the arts and culture in your local area.

Whether it's showcasing your local community, sharing a part of your culture with the public, or bringing art to your street, now's the time to prepare for the autumn round of Kensington and Chelsea's Arts Grants Scheme reopening on Wednesday 12 October.

Grants of up to £3,000 can be awarded for any arts based project, event, activity or installation in the borough.

To find out more, visit www.rbkc.gov.uk and search 'arts grants scheme'.

Protect yourself this winter

Boost your immunity this winter with the free NHS flu vaccination and Covid-19 autumn booster vaccination.

Flu and Covid spread more easily in winter and can both be life-threatening to some people. Having the vaccines is the safest and most effective way to protect ourselves and our loved ones from the harmful effects of the viruses.

The flu vaccine and Covid-19 autumn booster vaccine is offered to people over 50 or those at higher risk due to medical conditions they may have. If you are not up to date with your Covid-19 vaccines, you will need to get these first. The best time to have the flu vaccine is in the autumn or early winter, before flu starts spreading. If you are offered both of the vaccines, it's safe to have them at the same time.

Find out more about the vaccines and who can have them: www.rbkc.gov.uk/ health and social care/ public health/flu vaccination

