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About your North Ken News

North Ken News is a dedicated newsletter for North Kensington communities produced by **Kensington and Chelsea Council.**

Have you got news for us?

We are always on the lookout for good news stories, whether they are about an event you are running, a local hero who is working wonders in your community or a programme or course that local residents could benefit from.

If you would like to get in touch with an idea or story, please email northkennews@rbkc.gov.uk and we'll get back to you as soon as we can.

Tell us what you think?

We're interested in hearing your feedback about North Ken News. We want to produce a newsletter which you enjoy reading and you find useful, so please let us know what you'd like to see more of. Email us at northkennews@rbkc.gov.uk

Information in this newsletter about Coronavirus testing, vaccinations and guidance is up to date at the time of print. If you're unsure about the latest guidance, please visit gov.uk/coronavirus and for the latest local information, visit the Council website www.rbkc.gov.uk/coronavirus



Staying in touch

There are other ways to keep up to date with borough-wide news as well as news and announcements from Kensington and Chelsea Council.



@RBKC www.facebook.com/royalborough



www.nextdoor.co.uk



www.instagram.com/kensingtonandchelseacouncil

For updates on Grenfell



@GrenfellUpdates



www.rbkc.gov.uk/grenfell



To stay up to date with the latest news and events sign up to our enewsletter mailing list, visit www.rbkc.gov.uk and search K&C Life

If you would like to opt out of receiving North Ken News or would prefer to read it online, please let us know at northkennews@rbkc.gov.uk

Work up a sweat with online fitness instructors

Enjoy online high-energy Zoom classes in yoga, dance, Zumba and more presented by our leisure centres. Classes are open to all ages and provide a great way to socialise, work on your fitness and offer a nice energy boost to your day.

To find out what's available and start sweating today scan the QR Code.



Email either Lyndsey.north@rbkc.gov.uk or Lucy.wright@rbkc.gov.uk to be added to the class database. Remember to specify which class you are interested in attending in order to sign up and receive the link.

Four tests to progress Government's Covid-19 roadmap

At the end of February, the Government announced plans to phase the country out of lockdown using four tests which must be met before we move through the steps outlined in the Covid-19 roadmap. These plans rely on us all continuing to follow the advice to stay at home, social distance and wear a mask where necessary.

The roadmap indicates the soonest possible date the Government aims to reopen various services and industries.

The four tests to be met in order for the roadmap to progress are:

The vaccine deployment programme continues successfully

Evidence shows vaccines are sufficiently effective in reducing hospitalisations and deaths in those vaccinated

Infection rates do not risk a surge in hospitalisations which would put unsustainable pressure on the NHS

Assessment of the risks is not fundamentally changed by new variants

From **Monday 8 March**, schools and colleges will open for all students including practical higher education courses. At the same time, recreation and exercise with one other person from a separate household will be permitted. There will be relaxations to regulations on nurseries and wedding ceremonies, which will be able to go ahead with up to six people. Staff will be tested regularly with schools having access to tests for pupils. Pupils of secondary school age and older will be advised to wear facemasks at all times where social distancing isn't possible.

From **Monday 29 March**, it's proposed that six people or two households can meet outside, including in private gardens. Household mixing indoors will still be restricted. Additionally, organised and recreational outdoor sports will be allowed.

No earlier than **Monday 12 April**, and still dependent on the four tests, a number of previously restricted activities, industries and locations will be reopened. These include:

Indoor leisure centres including gyms for individuals or household groups

Outdoor attractions such as zoos and theme parks

Libraries and community centres

Personal care premises, such as salons and barbers

All retail and outdoor pubs and dining

All children's activities with indoor parent and child groups (up to 15 parents)

Holiday lets where indoor facilities are not shared with others

Beyond April, the Government roadmap outlines plans to reopen the remaining restricted activities and locations. From **Monday 17 May**, indoor hospitality such as cinemas and hotels are planned to return with nightclubs, larger events and unrestricted attendees to life events such as weddings and funerals set to return by **Monday 21 June**.

You can find out more by searching the internet for 'Covid-19 roadmap'.

Each milestone will depend on the success of previous rule relaxations and may be revised should cases increase significantly.

The rules very much remain that you should stay at home, keep travel to a minimum and continue to socially distance, wear a mask where required and wash your hands often and thoroughly. Even as we progress through the year and into these plans, caution should remain and unnecessary outings avoided.

For more information from the Government on this roadmap and other Coronavirus advice, visit www.gov.uk/coronavirus

For information on Coronavirus relevant to Kensington and Chelsea, visit www.rbkc.gov.uk/coronavirus

Activities and support from Family Services

In lockdown and beyond, the Council's Family Services is offering a range of support and activities to help keep families occupied and secure.

You can join virtual activities from the comfort of your own home, including story time, sign and rhyme, and sessions such as ready, steady, nursery. To join these sessions, scan the QR code.

Activity and resource packs are also available for under-fives and include planned activity sheets for you and your children along with arts and crafts resources such as tissue paper, crayons and glue.



Additionally, new mums can request a 'new mum pack' which includes books for babies, vitamins, home safety equipment, nappies, and other baby product samples. New mums can also benefit from one-to-one virtual support on things such as breastfeeding, baby weighing, baby massage, sleep routines and queries with colic, baby care and development.

To find out more about these packs and safely-run in-person activities available at Holmfield House, email childrencentressouth@rbkc.gov.uk or call 020 7938 8400.

Help your community and combat the spread of Coronavirus by becoming a Health Champion

The Council is calling for as many residents as possible to become Covid-19 Health Champions to help reduce the spread of Coronavirus by sharing accurate and up-to-date health advice and guidance with friends, family and neighbours.

We know that many people have unanswered questions and that there have been various myths circulating about Coronavirus and the vaccinations that are available. Health Champions will be among the first people to find out the latest information about what is happening, including information on the vaccination rollout.

There are online briefing sessions twice a week. You can attend either on Wednesday at 7pm or Friday at 10am to find out the latest information. Representatives from the Council's Public Health department will be involved as well as different health organisations, depending on the topics, including local hospitals, clinical commissioning groups (CCGs) and local GPs.

This is a friendly supportive meeting that will allow you to listen and share experiences with other residents.

Go to www.rbkc.gov.uk and search Health Champions to sign up and help your community.

Have your say on local wellbeing support

The Council has recently launched two consultations to ask for residents' help in making sure we're getting emotional health and wellbeing services for children, young people and adults in North Kensington right and that we are reaching as many people as possible.

With three years of the Grenfell Recovery Strategy remaining, we want to work with the community to gather feedback to help us shape the next phase of support. For adult services, we have been working with the current Together 4 Grenfell providers to develop service proposals and have been speaking to our health, community, and voluntary partners to support this and help us to plan for new services.

Similarly, for Children's Services, we have been working with existing providers to consider how the future provision of services could be shaped to meet the needs identified. Collaboration is an essential part in the development of this support, and we are ensuring schools as well as community partners are fully engaged in the process, development, delivery and indeed legacy of this work.

We want to hear from the community about the services currently on offer, any experiences they may have had, what might need to be improved, what would make them access the services if they don't already and what they feel could be better provided in the future.

Residents can get involved and have their say by completing the surveys by scanning the two QR codes.

- Adults consultation
- Children and Young People's consultation:





The Adult's consultation runs until Monday 15 March 2021, the Children and Young People's consultation runs until Wednesday 10 March 2021.

Are you eligible for the vaccine?

If you are aged 65 or over or are clinically extremely vulnerable, you can now book your Coronavirus vaccination appointment without having an invitation letter by visiting the NHS vaccination website www.nhs.uk/covid-vaccination or calling NHS 119, free of charge.

You can book your appointment at a mass vaccination centre (the nearest is Wembley Stadium),

one of three Primary Care Hubs in the borough, or a community pharmacy. The vaccination sites are run by NHS professionals and have extra measures in place to keep you safe during your visit.

There are already over 15 million people who have been vaccinated. The sooner we are all vaccinated, the sooner we can get back to normal.



Coronavirus testing for people with symptoms

If you have any Coronavirus symptoms you should immediately self-isolate and book a test.

The main symptoms are:

- A high temperature you feel hot to the touch on your chest or back
- A new, continuous cough coughing a lot for than an hour or three or more coughing episodes in 24 hours (if you usually have a cough it may be worse)
- A loss or change to your sense of smell or taste either you can't smell or taste or things smell or taste different to normal

You can book a test by going to www.gov.uk/get-coronavirus-test or by calling 119.

The nearest test centre for people with symptoms is 2-4 Malton Road, W10 5UP. It is open seven days a week from 8am to 8pm and is a walk-in for those not attending testing via car. Please ensure you take precautions such as wearing a face covering and keeping at least 2m distance when walking to the centre.



There are also mobile testing centres you can book a test at which you can drive to, these are based at Kensington Olympia and Royal Hospital. They are open on different days each week from 10.30am to 3.30pm. For more details go to www.rbkc.gov.uk and look at the news story about Coronavirus testing if you have symptoms.

Asymptomatic testing for people who can't work from home

If you can't work from home, for example key workers, essential retail workers and tradespeople who enter people's homes, and have no Coronavirus symptoms, you can get tested regularly at one of our three rapid community testing sites in the borough.

Kensington Leisure Centre, Silchester Road, W10 6EX 10am to 4pm seven days a week.

Kensington Town Hall, Hornton Street, W8 7NX 8am to 5.30pm Monday and Wednesday, 8.30am to 5.30pm Tuesday, Thursday and Friday, and 10am to 4pm at weekends.

Chelsea Old Town Hall, King's Road, SW3 5EE 10am to 4pm seven days a week.

Please visit the **GOV.UK** website for further information on critical workers.

Rapid community testing can help to identify those workers who might be carrying the virus and be contagious, but not have any symptoms. This means you can then self-isolate and limit the spread to protect those who are more vulnerable. We have already carried out over 30,000 tests, with a positivity rate of 3.3 per cent.



Have your say on community programmes' future

The Grenfell Projects Fund and Community Leadership Programme are returning – and the Kensington and Chelsea community can help shape both schemes by taking part in a public consultation.

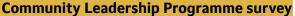
We have launched the six-week consultation to discover people's opinions on last year's programmes and thoughts on what could be improved when they return in spring 2021.

Early feedback has raised a host of useful suggestions, including making the Grenfell Projects Fund's decision-making process more inclusive and allowing residents to identify the Community Leadership Programme courses they feel would be most beneficial.

Head online to complete the following surveys by Thursday 1 April.

Grenfell Projects Fund survey

https://consult.rbkc.gov.uk/ communities/grenfell-projects-fund-2021



https://consult.rbkc.gov.uk/communities/ community-leadership-programme-2021





Community Leadership Programme goes on line k

Should you need support in another language, would like to request a paper copy of the survey, or would like someone to complete this on your behalf, please call Kevin Ramsey on 07857 696791 or email

kevin.ramsey@rbkc.gov.uk

Join the next Grenfell Assembly

The next Grenfell Community Assembly will be held on Monday 22 March from 6pm to 7.30pm and will focus on employment and skills.

Due to the current Covid-19 pandemic, we are still unable to hold a face-to-face meeting but you will be able to access the discussion online via Zoom.

You can join the meeting via this Zoom link shorturl.at/egxFR

Please visit www.rbkc.gov.uk and search for **Grenfell Assembly to see the notes and actions** from previous Grenfell Community Assembly meetings.





Pricing for resident parking permits is changing.
From 1 April, the price of your parking permit will be directly linked to your vehicle's emissions.
The cleaner the car, the cheaper the permit, to help tackle climate change and improve air quality in the borough. Just go to www.rbkc.gov.uk and search 'parking permit calculator' to work out the cost of your permit.



Up-skill and learn with Nova

Nova has the whole family covered when it comes to building skills, learning from home, completing schoolwork and navigating the benefits system from the safety and comfort of your home.

Whether you or someone you know is looking to sharpen their English, Maths or ICT skills or if your child wants to boost their ability at school with some extra revision, Nova has a range of online courses ready to help.

To find out more about what's on offer

visit www.novanew.org.uk email reception@novanew.org.uk or call 020 8960 2488.

You can also follow **@Novanewopps** on Twitter or Instagram.

Wellbeing courses for the Grenfell-affected community

The Grenfell Recovery and Wellbeing College and Community Champions are running a series of wellbeing workshops in March for the those living in Kensington and Chelsea.

Course topics include understanding depression, developing resilience and managing anxiety in uncertain times.

The courses will take place online and are open to anyone living in the borough. To see the full programme visit www.grenfellwellbeing.com

To book your place, call the Recovery & Wellbeing College admissions office on 020 3214 5686 or the Grenfell Health & Wellbeing Service on 020 8637 6279 or email recoverycollege.cnwl@nhs.net

Time to make history in the 2021 Census

Kensington and Chelsea is getting ready for the next census, which is taking place on Sunday 21 March. This is a once-in-adecade survey that gives the most accurate estimate of all the people and households in England and Wales.

It is important for every household in North Kensington to take part, as the information you give will help inform decisions about the services you, your family, friends and neighbours need, from doctors' surgeries to new schools. Whether it's using census data to plan apprenticeship schemes, nursery spaces or new bus stops, the information you provide makes a difference to the life of every single person in our local area.

The Office for National Statistics (ONS) runs the census in England and Wales and is independent of the government. Any information you share in the census is protected by law and the ONS never publishes census information that could identify individuals or households. Government officials dealing with applications you have made, or

payments or services you receive, will not see the information you provide in the census.

The census is easy to complete online and can be done on any device. Each household in Kensington and Chelsea will be sent their own census code in the post in early March. Paper copies of the census will also be available by post if you need one. You may be the first in your family to do so, however the census is a great way for future generations to find out about your life today.

Michael Ashe, Chief Executive at Volunteer Centre Kensington and Chelsea, said:

"Without the information you share, it's more difficult to understand the range of needs in our local communities and to plan and fund public services accordingly. That's why everyone should complete the census as every single one of us counts. By filling in your census questionnaire you are helping make sure needs in your local community are visible and recognised".

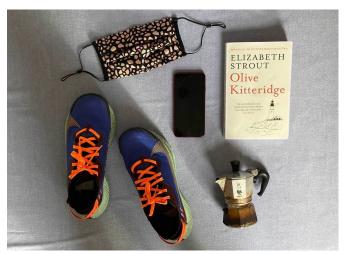
Find out more at www.rbkc.gov.uk/census-2021

Share the census and win big

Now is your chance to cement your place in the fabric of the borough's history by joining the time capsule photo challenge and possibly winning a £100 Amazon gift voucher. It is simple to take part:

- On your bed, take a picture of five things that represent your life today
- Post your photo on Instagram with brief descriptions and tag @kensingtonandchelseacouncil plus five of your friends
- Use the hashtag #Census2021TimeCapsule

Enter by Sunday 21 March and you may be chosen to receive a £100 Amazon gift voucher.





Buying solar panels made easy in Kensington

Do you want to save on your energy bill and generate your own clean electricity? As part of our commitment to climate action, we're working in partnership with the Mayor of London to make the move to clean energy as cost effective and hassle-free as possible for residents.

you through the process, keeping you informed at every stage. Registration is free and without obligation.

Simply go to www.solartogether.co.uk/rbkc and provide details about your roof, such as its size and orientation.

You can register until Tuesday 23 March to be part of Solar Together London and get your own solar panels at home. Solar panels can seem complicated but



Can social media take your business to the next level?

Discover a masterclass for utilising social media to benefit your business on Tuesday 9 March and Thursday 11 March with Portobello Business Centre.

Participants will take away an understanding of the opportunities social media can provide for lead-generation, customer communications and boosting reputations in four online Zoom sessions delivered over two days.

The workshop is fully funded and is open to all local residents. For more information, visit www.pbc.co.uk/upcoming-workshops/

If you have any questions, contact Gina at gina@pbc.co.uk



Help us shape new homes plans in North Kensington

Our New Homes Delivery Programme (NHDP) has identified the site adjacent to Trellick Tower, called Edenham, as the first part of Phase 2 of the NHDP. The programme aims to provide 600 new homes in the borough, with a minimum of 300 at social rent alongside opportunities for intermediate housing that can be used for key workers.

As part of the second round of consultation into the plans, we recently held two online chat sessions where residents were able to look at the proposals and discuss them with architects and Council staff. If you were unable to attend, you can still provide your feedback on the Council's Edenham new homes web page.

These sessions followed the first round of consultation for the Edenham site, which was held at the end of last year. We received almost 100 feedback forms and 49 residents, organisations and businesses attended our two online chat sessions to give us their views.

In the first round you told us that accessible outdoor space, graffiti walls and improved lighting were extremely important to you. You also said that any improvements we make should make the area feel safer. We also know that you want to retain the heritage and culture of the area as well as ensure we provide affordable homes for local residents.

You can view all the feedback from the first round of consultation in the full report on our website, visit www.rbkc.gov.uk and search 'Edenham',

The deadline for comments and feedback relating to this round of consultation is Thursday 25 March 2021. For further details you can email the NHDP team at newhomesenguiries@rbkc.gov.uk



Let's talk about crime and community safety

The Safer Kensington and Chelsea Partnership would like your help to find out what are the most important crime and community safety issues affecting residents and businesses in our borough.

This survey is an opportunity to tell us how resources from agencies across a range of statutory services (including Police, Council, The National Probation Service, and Health services) should be used to make the borough a safer place to live, work and learn.

If you have any queries, or would like to request a survey in paper, translated into another language or provided in any other accessible format, you can speak with a member of the Community Safety team. Email commsafe@rbkc.gov.uk or call 020 7361 3000 and ask to be put through to the 'Community Safety team'.

The survey will close on Sunday 18 April 2021 at 23.59pm



Help us keep your local park perfect

Two local green spaces are set to be improved with upcoming funding from the Council. Work will begin at Lancaster Green this spring including improvement of the lawn and planting around the green to include more flowers and plants for wildlife, plus a gravel path to improve access to the space. If you would be interested in joining a gardening club to work with us on bulb planting, plant care, habitat creation, and to share ideas for the green, please email Parks@rbkc.gov.uk

From April 2021, funding will be available for improvements to Avondale Park with the Council asking for residents to share their views on the park currently and improvements they would like to see included in the project. Following this, comments and suggestions will be collated and presented back to the community to start developing our next steps.

To share your thoughts on Avondale Park, email parksprojects@rbkc.gov.uk

If you would be interested in joining or helping to set-up a friends group for Avondale Park, please email parks@rbkc.gov.uk and cllr.marwan.elnaghi@rbkc.gov.uk



Help to shape the future of our markets

We want to hear from you about how to improve our markets for traders, shoppers and the local community.

Join one of our virtual focus group sessions to discuss what might be included in our Markets Plan 2021-2026, launching later this year. The Markets Plan will show how we're making Portobello and Golborne Road Market, along with other market locations in the borough, a great place for everyone to shop.

Take part on Monday 8 March 2021 at 10am for the morning focus group session or 6.30pm for the evening session. Both sessions last for an hour and a half and are open to everyone who lives, works or learns in the borough, whether you're a resident, business owner, trader or frequent market visitor.

Following this, there will be a consultation document created with an online survey to provide your



feedback on the proposed key action points. We'll share more details on this in the coming month so be sure to keep an eye out.

Register to attend at Eventbrite.co.uk and search 'Markets Plan Conversation' then select the session you want.