

NORTH KEN NEWS



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

March 2019

Creative shopping space
comes to North Ken
page 3

Spotlight on community
champion Tarek Gotti
page 4

Got a good idea? Apply
for a community grant
page 8



Introducing your North Ken News

North Ken News is a dedicated newsletter for North Kensington communities which is produced by Kensington and Chelsea Council.

The newsletter features information about what's happening in the area, whether that be local events, activities, courses, programmes or opportunities. We are also keen to showcase the great work of our local communities and give them a chance to share the work they are doing in their neighbourhoods.

We heard you loud and clear when you told us, as part of our Stronger Communities conversations, that you wanted a newsletter that was specifically for the North Kensington area.

We'll be producing North Ken News monthly and delivering it to your door. We are keen that the publication is very much shaped by your ideas and what you want to read. Each month we'll be contacting local organisations to see if they have a good story to tell.

Have you got news for us?

Do you know someone who lives in North Kensington who goes above and beyond for their local community? Do you have an event you'd like to shout about or a new course that could benefit your neighbours? Perhaps you might have a good local community in action story. If so, we want to hear from you.

If you would like to get in touch with an idea please email us at northkennews@rbkc.gov.uk and we'll get back to you as soon as we can.

Tell us what you think

We are really interested in hearing your thoughts about the new North Ken News. For us to create a newsletter that is right for you, we need you to tell us what you want to read about. Please let us know what you'd like to see more of in North Ken News. Email us at northkennews@rbkc.gov.uk

Staying in touch

There are others ways to stay in touch. Follow us on social media to keep up to date with the latest Council and borough-wide news.

 **Twitter** @RBKC

 **Facebook** www.facebook.com/royalborough



Pop-up shops for start-up sellers

A lively new shopping space is coming to North Kensington with local creators, entrepreneurs and business owners at its heart.

Thorpe Close is a pop-up high street connecting Ladbroke Grove with Portobello Road, created by the Westway Trust. As well as offering a new area for market visitors to explore over the weekend, the

commercial units will remain open throughout the week, allowing locals to enjoy the new space too.

Ten commercial units, or “pods”, are up for grabs to allow budding sellers to reap the benefits of market trading in a modern and versatile space. The new spaces support enterprise in the area and are all accessible, affordable and flexible for community and business use.

The pods cost £140 per-week to rent on a short-term let and are not suitable for the sale of food or beverages.

If you would like to secure a space in one of the pods, have a read of the terms and conditions on the Westway Trust website where you can also apply.

 www.westway.org/thorpeclose



Transfer of the Grenfell Tower site to central Government

In September 2018, the Ministry of Housing, Communities and Local Government announced the establishment of a Grenfell Memorial Commission to determine the long-term future of the Grenfell Tower site.

In February, the Council’s Leadership Team is being asked to approve the transfer of the Grenfell Tower site to the Government. This will allow the Government to take responsibility for the site, as announced last year, until its long-term future has been determined by the Commission.

The site for transfer includes the footprint of the Tower and some of the adjacent land, including part of Lancaster Green. This area is all within the site

cordon, currently managed by the independent Site Management Group, and is necessary to keep the Tower safe and secure.

The Memorial Commission will be made up of 10 community representatives, including the bereaved, survivors and local residents. It will develop a proposal for the future of the site, including the shape and size of a future memorial. Lancaster West residents will be represented on the Commission to ensure local concerns about open space are taken into account. Any future memorial will be subject to the normal planning rules.

More information about the Commission can be found on the gov.uk website.

 Visit gov.uk and search for Memorial Commission

Community spotlight

Community champion Tarek tells us about some of the work he does to make North Kensington a better place.

The unique kind of community togetherness found in North Kensington doesn't happen by accident. It's the champions and advocates from within the community, dedicating their time to the people around them, that has created an area that is celebrated locally, nationally and internationally.

We spoke with one such champion, Tarek Gotti, a member of the Henry Dickens Court Residents' Association. Tarek lives in the Henry Dickens Estate and has been a member of the residents' association for two years. For Tarek, it's second nature to bring people together and spread positivity in his area. He

has organised countless events and works tirelessly to support people in need of a helping hand. In his spare time, Tarek meets with people in the borough and beyond to further his message of inclusivity.

In October last year, Tarek, supported by other residents' associations and residents, brought a cook-off to North Kensington uniting local people, the Police, the Fire Service and the Council together in one place to enjoy good food. One thing that Tarek insists is that cooking is the ultimate way to bring people together.

Tarek enjoys talking to his neighbours: elderly people, disabled people, young people and anybody who he meets to understand what their priorities are so that he can best represent them. What's important to Tarek is encouraging more people to have their voices heard in community groups to make sure the future of North Kensington is community-driven.

We know that Tarek is just one of the countless individuals in North Kensington who commit their time to this part of the borough and the people who live in it.

We want to keep showcasing people like Tarek and the work they do. If you know somebody who you think ought to be recognised, tell us a bit about them by emailing.



northkennews@rbkc.gov.uk

"We need the community to come together under one umbrella. There are goals we all share that we need to work together to achieve".



Tarek holds the trophy for the first Notting Dale Cook-Off

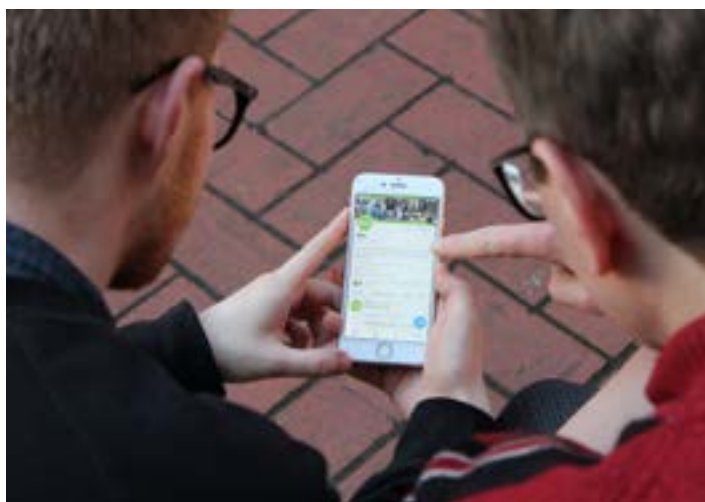


Become a digital pro with free business course

A crash course in social media and Search Engine Optimisation (SEO) is coming to Portobello Business Centre, free to North Kensington residents who are looking to launch a business. Mark Atkinson and Mike Loomie will show you how to promote your business online using social media and improve your website's ranking in search engines like Google.

The **"Digital Day"** will be held at Portobello Business Centre, Canalside House, 383 Ladbroke Grove, W10 5AA on Friday 8 March from 10am to 5pm. To receive a discount as a North Kensington resident you will need to contact Portobello Business Centre by calling **020 7460 5050**. Proof of address and a refundable deposit of £10 will be required to secure a space.

To book your space and to find out more about this event, and other business-boosting events available to local people, visit the Portobello Business Centre website.



Concerned about your health – get an NHS enhanced health check



The NHS is offering enhanced health checks for residents who may be concerned about their health. These are aimed at finding the early signs of health problems or underlying health conditions.

For adults, enhanced health checks include:

- Monitoring for long term conditions such as diabetes and advice you need to take to manage these conditions.
- Physical health checks (looking at weight gain, blood pressure and cholesterol).
- Health advice around stopping smoking, alcohol intake and substance misuse.
- Addressing concerns around breathing difficulties.
- General health and wellbeing conversations to check how you are feeling.

There are also enhanced health checks for children. Your GP will check concerns around breathing, weight, dental hygiene and how they feeling generally.

Are enhanced health checks the same as screening?

Screening is different from health checks. It's when clinicians screen or check for specific conditions or poisons, based on scientific evidence about the population's potential health needs.

The air around Grenfell is checked continuously and Public Health England has not found extra pollution caused by the Grenfell tragedy. However, we understand that local people are worried, and the Government is bringing forward testing of the soil around Grenfell for possible harmful pollution.

If screenings are required, residents will be contacted immediately.

For more information about enhanced health checks, speak with your GP or contact Healthy Hearts .

 www.pbc.co.uk

 **Contact the NHS 020 3434 2599**

Shaping Silchester – have your say

Residents of North Kensington are invited to come and talk with the Silchester Estate Residents' Association to discuss a new neighbourhood vision for the Estate. The "Estate Voices" sessions will discuss what the community values most and how agreed objectives can be achieved. The sessions will be held at The SPACE (214 Freston Road, W10 6TT) every Tuesday throughout March from 7pm to 9pm with the final session on Tuesday 2 April.

There will be weekly opportunities to hear from housing

experts from the statutory and community sector, as well as key speakers and representatives from the community.

Anyone who wants to share an idea to help shape the future of the Silchester Estate and surrounding area is welcome to speak.

The SPACE is a resident-led health and wellbeing hub that provides support to local residents. For more information on these sessions, contact The SPACE.

 **Contact the SPACE 020 8960 2889**

 **nottingdaletogether@gmail.com**

What's on at The Curve?

The Curve Community Centre hosts courses, events and programmes as well as continuing to offer support to those who need it.

It is located at 10 Bard Road, W10 6TP and is open Monday to Friday, 10am to 8pm and Saturday and Sunday 11am to 6pm.

There are new activities to get involved with each week. Regular events available each week include:

Taekwondo

Master the Korean martial art of Taekwondo with free sessions available for all ages and abilities. No need to book, just drop-in!

Fridays

4pm to 4.30pm – beginners aged four to six.

4.30pm to 5.30pm – beginners aged six to 12.

5.30pm to 6.30pm – intermediate aged six to 12.

6.30pm to 8pm – ages 13 plus (teens and adults)

Sundays

11am to 12 noon – beginners aged six to 12

12 noon to 1pm – advanced ability aged six to 12.

1pm to 2.30pm – aged 13 plus (teens and adults)



Salsa

Come and let loose on the dance floor and show off your best salsa moves. Whether you're a salsa pro or a dancefloor novice, there's a free session to suit you.

Saturdays

2.30pm to 3.30pm – beginners and improvers

3.30pm to 4.30pm – Intermediate and advanced

Shared reading group

The adults and children shared reading group is a space for parents and children to read together to help improve the reading confidence in young people. There are groups at each session to cater for different abilities and ages.

The group meet every **Tuesday** from **4pm to 5pm**.

Turbo Tutors Homework Club

Free drop-in homework help from qualified tutors for young people studying at Key Stage 3 and Key Stage 4.

Sundays

11am to 3pm

Job search and IT workshops


If you need a helping hand in looking for a job, specifically in searching online job listings, drop-in to a free workshop from NOVA.

Mondays

12.30pm to 2.30pm

A free crèche service is available at The Curve for those accessing services or activities in the centre. Please call to book a place **020 7221 9836**.

Contact The Curve

 **020 7221 9836**

 **thecurve@rbkc.gov.uk**

Residents wanted to help with new health survey

The Council is on the lookout for North Kensington residents to assist in an annual health and wellbeing survey of local people.

The survey will be carried out with full involvement of the NHS, residents' associations, community groups and academic advisors from Imperial College. It will take place between April and May 2019 and aims to reach 2000 residents in North Kensington.

It is a forward-looking piece of work, to look at health and wellbeing now and over the next four years. It

will be used to understand how health needs are changing over time, what residents find supports health and wellbeing, and how services can respond to the changing needs.

Successful applicants will be offered training and will be supported to carry out surveys in a variety of places, including community centres and on door-steps.

To hear more about the survey or the role, contact Christine Mead.

Contact Christine Mead

 **07944 512570**

 **cmead@westminster.gov.uk**

Council agrees £50m for Grenfell recovery over the next five years

The Council's Leadership Team approved the Grenfell Recovery Strategy, including £50m of funding over the next five years in January.

The Strategy sets out the Council's plans to support long-term recovery for the bereaved, survivors and the local community. It has been shaped by national and international evidence on disaster recovery and the wide range of engagement activity which has taken place since June 2017.

The Strategy commits the Council to establishing a dedicated service to support individual recovery for the bereaved and survivors. This service has been co-designed with them and is already up and running in its initial form. A full service will be established by April 2019.

The Strategy also outlines the plans to support community-led recovery in the local area. This includes ongoing community-based support to those affected and a community programme for the Notting Dale area, including a local grants pot with funding for key community priorities. This will be designed with Notting Dale residents.

The Strategy also captures broader Council initiatives to support recovery, including plans to build new social housing, changes to Council governance, changes to housing management services, a new Economy Strategy and a new People Strategy. All of these initiatives will be brought together in a new Council Plan, that will have Grenfell recovery at its heart.

Youth sessions pave the way for future services

Young people are to remain in the driving seat over new services available to them in the borough. Following a series of successful sessions, new spaces have been proposed around North Kensington including a youth hub at the former Lancaster Road Youth Club and youth centres in Notting Dale, Golborne and Dalgarno wards.

Outdoor activity spaces and a water-sports club at Canalside Activity Centre also featured on young people's wish-lists with a broader range of activities and pop-up events proposed too.

These include CV writing sessions, help with writing job applications and interview preparation.

One thing has been clear so far from conversations with almost 800 young people: they want more of a say on the things that affect them and they want services delivered where they live. The Council are continuing to talk with young people in the borough and there's still time to have your say. Have your voice heard on the future of youth services by contacting the Council.



To read the strategy go to the Council's website

 www.rbkc.gov.uk/grenfell-recovery-strategy



youth.inform@rbkc.gov.uk



www.rbkc.gov.uk/youth-inform

Celebrate International Women's Day with SASH

Come and show your support for International Women's Day at the Support & Advice on Sexual Health (SASH) team event on Thursday 7 March from 11.30am to 4.30pm at Bay 20, 71 St. Mark's Road, W10 6JG. As well as focusing on self-care and wellbeing, the event will feature a jewellery-making stall, henna tattoos, mindfulness sessions and health and wellbeing information stalls.

The SASH team will be at the event to provide information and support about sexual health and wellbeing, and to answer any questions you might have.

This event is free and includes snacks, refreshments and lunch.

For more information or to book  Text 07944 512570  www.sash-london.eventbrite.com

Local ideas go large with Green Shoots fund

Since its launch in September last year, the Green Shoots fund from the Kensington & Chelsea Foundation has paved the way for community initiatives around North Kensington.

The fund was set up as a springboard for small community projects and to make it possible for ideas to be realised. There is a pot of £50,000 a year available for the next three years for Green Shoots projects which are intended to bring hope and joy to the community. Grants awarded so far have allowed for a Christmas dinner for those who are less advantaged, community gardening clubs, fun days and a community cook-off.

Arts and health activity centre *The 240 Project* received a grant from Green Shoots to help them provide creative arts groups and health-improving activities to those affected by homelessness and exclusion.

Throughout the year *The 240 Project* provide isolated people with one-to-one support in life skills for independent living, such as cooking, budgeting, working through debt and building tenant relations.

After applying for a Green Shoots grant before Christmas last year, *The 240 Project* were given funding to have a Christmas party to bring people together at a time when loneliness and isolation can feel the most extreme. The party, with full Christmas dinner, was held at their base in Latymer Community



Church. Everyone who attended also received a small gift and a Christmas card.

Recently the team set up a stall at the Portobello Winter Weekends Festival to sell crafts to fundraise for the centre and tell people about the work they do.

This is just one example of a wonderful idea being brought to fruition through the Green Shoots fund. If you would like to read about more of the Green Shoots projects that have been funded over the last six months, visit The Kensington and Chelsea Foundation website www.thekandcfoundation.com

You can find the guidelines for applying for a Green Shoots grant and the application form on the Kensington and Chelsea Foundation Website.



www.thekandcfoundation.com

Mini recycling centres in North Kensington

Do you know where your nearest mini recycling centre is? There are five located around North Kensington where you can recycle a range of household materials; paper, card, cardboard, glass bottles, jars, tins, cans, plastic bottles, pots, tubs as well as unwanted clothes and shoes.

The centres are located at:

- 1. Tavistock Depot**, Portobello Road, W11 (mixed recycling)
- 2. Avondale Park**, Walmer Road entrance, W11 (mixed recycling)
- 3. Elkstone Road**, W10 (mixed recycling, clothes and shoes)
- 4. North Kensington Sports Centre**, Walmer Road, W10 (mixed recycling, clothes and shoes)
- 5. Sainsburys**, Canal Way, W10 (clothes and shoes)

Please ensure all recycling is dry and clean and do not recycle items not suitable to be recycled, especially food!

For more information on mini recycling centres in Kensington and Chelsea, and to find out opening times for each centre, visit the Council website.



www.rbkc.gov.uk/minirecyclingcentres