All about Nappies……information for childminders and nurseries

Dear parent,

This can be displayed/given to your childminder or nursery as necessary. If they have any questions about your choice in using cloth I would be happy to help you answer them. Childminders and nurseries have a duty to respect a parents choice to use cloth nappies in the same way that special dietary requirements are respected. In time it is hoped that professional child carers and nurseries will all switch to real nappies when they realise the obvious benefit in potty training as well as a reduction in waste (which is often costly for them to dispose of).

A quick guide to my cloth nappies written by …………………(insert name of your child)

• You are probably not familiar with cloth nappies but they are very easy to deal with if you have ever changed a nappy before!

• My nappies are modern shaped ones and require no folding or pins, simply fastening with poppers or velcro.

• There is no need to change the waterproof wrap unless it is soiled,simply reuse it over a clean nappy.

• If my nappy is soiled, use the paper liner to wipe off the worst of it, the liner and contents can then safely be flushed down the toilet, the liner is fully biodegradable.

• Put the soiled nappy in the bag provided by my mummy (not a plastic nappy sac).

• Mummy will already have put liners inside clean nappies, they may need straightening out before putting the nappy on.

• Cloth nappies are elasticated at the waist, and therefore fasten more snugly than disposables (Mummy says this means they contain my poo better).

• Please ensure the waterproof wrap is covering my nappy completely, especially around my legs and back as otherwise I may leak.

• If you have any further questions about my nappies, please do not hesitate to ask my mummy. Thanks for changing me!