



Health Walk—ONE OFF SPECIAL!!
Royal Parks
Friday 23rd October 10.30am

Come and join in with a one off health walk, designed to increase physical activity and at the same time, showcase the wonders of The Royal Parks starting from St. James Park and walking all the way to Holland Park

Sessions are FREE.

**For more information please contact the council
on: 020 7938 8179
or email: sportandleisure@rbkc.gov.uk**

www.rbkc.gov.uk/sport



**THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA**

